



Leisure Education for Exceptional People

September 2018

Hello LEEP Family!

As our summer rec program comes to a close and we are reviewing the results of our LEEP Legends fundraiser, LEEP staff are also busy making sure that we are providing opportunities that LEEP members want to participate in.

Every month we have a variety of activities and events that we offer, and this month is not any different. We will continue to offer the popular activities (birthday bash, karaoke, Zumba, bingo, etc.), but we're also interested in what activities and events YOU would like to see us offer. Although we may not be able to try every idea, we want to hear ideas that LEEP members have!

If you haven't attended any LEEP activities or events recently, I encourage you to participate in one activity or event before the end of 2018. Not only will you have fun, but you may make some new friends and/or learn something new!

Enjoy the rest of the summer!

929 North 4th
Street | Mankato, MN 56001
Phone: 507-387-5122
Email: info@mankatoleep.org

Save the Date!

**HALLOWEEN
DANCE**

Thursday,
October 25, 2018

mankatoleep.org



Thank you to all who sponsored and supported LEEP Legends 2018! We raised nearly \$45,000 for LEEP to provide social, recreational, and sporting opportunities for individuals with disabilities in the Greater Mankato Area!



Another Successful Summer Rec Program! LEEP wraps up its 20th year of hosting the Summer Rec Program. The goal of this program is to increase independence in daily living by combining recreational and leisure activities in a structured, safe and supervised environment. The group is active all summer long and some activities include field trips, community tours, physical activity, safety, cooking, baking, creative arts, and much, much more.

SPECIAL OLYMPICS INFORMATION

In order to participate in Special Olympic sports, athletes must complete an Athlete Application for Participation. All sections must be completed, signed, require a doctor's signature, physical and background check. Forms will not be accepted if not completed fully. Once completed, the application must be turned into the LEEP Office and LEEP will submit the form to the Special Olympics Minnesota's (SOMN) office. This application does not guarantee acceptance into the Special Olympics program until official word is received from SOMN.

- Forms must be updated every three years to continue participation. Athletes are not allowed to participate in Special Olympics practices or tournaments without a current completed form. If you are in question as to whether you have this form completed, please call LEEP at 507-387-5122 and we can verify this for you. This form must be updated every three years. If it is not up to date, the athlete will not be able to practice or compete until cleared by Special Olympics Minnesota.
- All athletes must be a paid LEEP Member before participating in any LEEP activities. After the athletes have registered for their sports, LEEP will mail out specific information regarding practice times, tournament dates, what to wear, etc.
- Special Olympics is open to participants age 8 and over. LEEP will attempt to place younger athletes together.

SPECIAL OLYMPICS BOWLING

Get ready for some strikes, good friends and fun memories, because it is time once again for Bowling! This year our Special Olympics Bowling program will again be separate from our LEEP League bowling program.

Dates: Wednesdays, September 26 - December 1, 2018

Limit: 72

Location: Wow! Zone

Time: 4:30 - 5:50 pm

Tournament Dates: State- Saturday, December 1st, 2018

Uniforms: Bowling Shirts will be required for competition. If you don't already have a uniform, make sure to provide your shirt size upon registration. *Replacement uniform shirts have a \$10 fee.

Cost: \$100.00 for entire season

*includes: All practices, Facility Rental, Coaching Staff and Sports Fees

Payment Plan:

1st Payment: \$50 due Wednesday, September 26

2nd Payment: \$25 due Wednesday, October 24

3rd Payment: \$25 due Wednesday, November 21

Practice Transportation: Additional \$25 for 1- way practice transportation Additional \$50 for 2- way practice transportation

Pick up for bowling will be at Cherry Street Bus Stop at 4:00 p.m. and 4:15 p.m. at MRCI Map Drive. Athletes being picked up at MRCI will be unsupervised until they are picked up by the LEEP van. Drop off for Mankato residents in transportation zone only will be at their individual homes.

SPECIAL OLYMPICS FLAG FOOTBALL

That's another LEEP FIRST DOWN!!!! This is a non-contact sport and is open to anyone age 8 and over. The Unified Flag Football season combines athletes with and without disabilities to compete on the same team.

Dates: Thursdays, August 23 - October 28, 2018

Limit: 26 athletes

Location: Spring Lake Park, North Mankato (650 Webster Ave)

Time: 4:30-5:30 pm

Tournament Dates:

Area- Sunday, October 7, 2018 at Gustavus Adolphus College, St. Peter MN

State- Saturday, October 27- Sunday, October 28, 2018 at Bielenberg Sports Complex, Woodbury MN

Uniforms: Flag Football Shirts will be required for competition. If you don't already have one, make sure to provide your shirt size upon registration *Replacement uniform shirts have a \$10 fee. *Mouth guards are required for each athlete.

Season Cost: \$100 for season *includes: all practices, facility rental, coaching staff, sports fees, area tournament transportation.

State Cost: \$300 for practice season as well as State Tournament , which includes staffing, sports fees, state transport and hotel.

*Replacement uniform has a fee of \$10.

Payment Plan:

1st Payment: \$50/\$100 due Thursday, August 23

2nd Payment:\$25/\$100 due Thursday, September 20

3rd Payment: \$25/\$100 due Thursday, October 18

Practice Transportation: Additional \$25 for 1- way practice transportation Additional \$50 for 2- way practice transportation.

SCHOLARSHIPS ARE AVAILABLE! ● ● ●

Looking forward to that special activity, but it's slightly out of your budget? Not to worry, we have the solution for you! Come into our office and fill out our scholarship form before the event and get up to 50% of your costs covered for the event! This can be used for Special Events, Night Activities, Classes, Youth Programming and Special Olympic Sports.

Applications can be found online at www.mankatoleep.org

*All scholarships are given at the discretion of the Executive Director. Scholarships are limited per event. For more information regarding scholarships email info@mankatoleep.org or call 507-387-5122.

SPECIAL EVENTS . .

SATURDAY, SEPT 8

WOW!Zone Bowling & Pizza

Grab all of your friends for bowling and pizza at one of our favorite establishments in town! We will be bowling for 1 hour and after we bowl we will dine on some delicious pizza and pop to rebuild our strength. * Cost includes staffing, 1 meal, 1 hour of bowling, bowling equipment and drop-off transportation.

Meet at LEEP: 11:00am

Drop Off: 2:00-2:30pm

Limit: 10

Cost: \$35/\$40

SUNDAY, SEPT 9

Farm America

Get ready to get down at the farm! Travel with LEEP to Farm America for the Fall Festival. We will enjoy ice cream sundaes, walk the corn maze, see all of the historical farming sites, and enjoy a lite lunch of sweet corn together. Kick off the fall season with this fun outdoor event! Make sure to dress for the weather and wear walking shoes. * Cost of the event includes: admission ticket, event, 1 meal, staffing, and drop-off transportation. Bring additional money for souvenirs.

Meet at LEEP: 10:00am

Drop offs: 3:30-4:00pm

Limit: 10

Cost: \$66/\$73

SATURDAY, SEPT 15

MSU Maverick Football vs. Concordia St. Paul

Grab your purple and gold as MSU takes on Concordia St. Paul! The Mavericks need your help by cheering them on to beat the Golden Bears! Bring your friends for a fun afternoon at Blakeslee Field. Before the game we will eat pizza at Jake's Stadium Pizza. * Cost includes admission ticket, event, 1 meal, staffing, and drop-off transportation. Please bring extra spending money for any additional snacks or souvenirs.

Meet at LEEP: 11:00am

Drop offs: 5:00-5:30pm

Limit: 10

Cost: \$60/\$67

SUNDAY, SEPT 16

Renaissance Festival

Join us for one of the most popular theme weekend events at the Renaissance Festival! Wine, Chocolate & Romance weekend includes a chocolate festival, a cupcakes battle, a grape stomping competition and a cake smashing competition. Come prepared to enjoy great food, music and entertainment! * Cost includes staffing, 1 admission ticket, event, 1 meal, and drop off transportation. * Event will include walking and standing.

* Please bring extra money for additional snacks and souvenirs.

Meet at LEEP: 10:00am

Drop offs: 4:00-5:00pm

Limit: 10

Cost: \$88/\$95

SATURDAY, SEPT 29

Dinner and a Movie

Enjoy an evening out! We will be having dinner and seeing the latest PG-13 movie at the theater. * Cost includes 1 movie ticket, event, 1 meal, staffing, and drop-off transportation. * Please bring extra spending money for any snacks at the movie.

Meet at LEEP: 5:00pm

Drop offs: 9:30-10:00pm

Limit: 10

Cost: \$50/\$57

SUNDAY, SEPT 30

St. Croix River Lunch Cruise

Create lasting memories and experience the beauty of the scenic St. Croix River. This 2 hour cruise offers foot-tapping Dixieland music featuring "The Emperors of Jazz". Enjoy the delicious meal while feeling the fresh air against your face on the deck of the boat. Cost includes staffing, 1 admission ticket, event, 1 meal, and drop-off transportation. Please bring extra money for additional snacks and souvenirs.

Meet at LEEP: 9:00am

Drop Off: 6:00-6:30pm

Limit: 10

Cost: \$88/\$95

WONDERING IF A PROGRAM IS CANCELLED?

Call our Cancellation Line at:

507-387-9996

For the most up to date information.

*Please do not leave a message, they will not be checked or returned at this number.

NIGHT ACTIVITIES ● ● ●

WEDNESDAY, SEPT 5

Walking Tacos

The LEEP staff will be cooking up some delicious walking tacos for everyone! We will have all of your favorite fixings - salsa, sour cream, cheese, lettuce. All served with yummy meat and nacho cheese Doritos!

Location: LEEP

Time: 6:30-7:30pm

Limit: 30

Cost: \$5

FRIDAY, SEPT 7

Birthday Bash Bingo

Celebrate good times with us at LEEP! We will be chowing down on a tasty birthday treat while playing BINGO and hanging out with friends.

* September Birthday's get in for FREE!

Location: LEEP

Time: 6:30-8:00pm

Limit: 30

Cost: \$5

TUESDAY, SEPT 11

Pizza Party

Gather your friends up for this months' most delicious social gathering. We will be enjoying pizza while we play games.

Time: 6:30-7:30pm

Limit: 30

Cost: \$5

THURSDAY, SEPT 13

String Art

Come and express your creativity through string art! You can use it as wall art or give as a fabulous gift.

Location: LEEP

Time: 6:30-8:00pm

Limit: 25

Cost: \$5

TUESDAY, SEPT 18

Duct Tape Art

Duct Tape. The heavy duty adhesive has thousands of uses and probably known best for it's quick fix ability. For crafters, duct tape offers countless possibilities. Come join us as we make some fun projects!

Location: LEEP

Time: 6:30-8:00pm

Limit: 25

Cost: \$5

THURSDAY, SEPT 20

Karaoke

Warm up those vocal cords and belt out your favorite song for all of LEEP to enjoy!

Can't wait to see you there!

Location: LEEP

Time: 6:30-8:00pm

Limit: 25

Cost: \$3

TUESDAY, SEPT 25

Smoothie Social

Come meet your friends and enjoy some music while we create delicious smoothies to satisfy your taste buds!

Location: LEEP

Time: 6:30-7:30pm

Limit: 25

Cost: \$5

THURSDAY, SEPT 27

Fridge Magnets

Come to LEEP to make your very own fridge magnets. Hang up your favorite pictures, notes and coupons on the refrigerator with your own magnets. Bring your creative side because it is going to be a fun night!

Location: LEEP

Time: 6:30-7:30pm

Limit: 25

Cost: \$5



Special Needs Appreciation

\$1.99 Bowl
\$1.99 Shoes

**All day every day until
September 30!**

Staff gets same price

~~~~~TEEN REC~~~~~

Sign up quick for this fun inclusive after school program! LEEP will be offering programming for youth and teens complete with pick-ups from East, West, Dakota Meadows and Prairie Winds! This program offers a chance for students to build relationships and partake in activities such as games, outings, crafts, and guest speakers and will be offered on a weekly basis through LEEP. Make new friends, learn new sports and games, and develop new skills to help your youth become more independent!

Program Dates: Mondays, September 17-November 26, 2018

Programming Time: Begins at 3:15pm

Cost: \$160 -- 10 sessions (off November 19)

Ages: 12-21 (must still be in school to qualify)

Time: 3:15pm - 5:00pm

*Pick-up transportation offered for East and West High School for no addition cost.

*Programming will begin at 3:15pm.

***All students must be picked up from LEEP by 5:15pm.**

**Contact Beth at 507-387-5122 or by email at programs@mankatoleep.org to learn how to register.

*Must be a LEEP Member to attend. Contact Beth for details.

LEEP CALENDAR SEPTEMBER 2018 ● ● ●

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 LABOR DAY WEEKEND NO ACTIVITIES
2 LABOR DAY WEEKEND NO ACTIVITIES	3 LABOR DAY NO ACTIVITIES	4 SO: Golf 4:30 - 6:00 pm	5 SO: Softball 4:30-5:30 pm NA: Walking Tacos 6:30pm-7:30pm	6 SO: Flag Football 4:30 - 5:30 pm	7 NA: Birthday Bash & Bingo 6:30-8:00pm	8 SE: Bowling & Pizza at WOW!Zone 11:00pm-2:00pm
9 SE: Farm America 10:00am-3:30pm	10 Advisory Council 6:00-7:00 pm SO: Bocce Ball 4:30 - 5:30 pm	11 SO: Golf 4:30 - 6:00 pm NA: Pizza Party 6:30pm-7:30pm	12 SO: Softball 4:30-5:30 pm	13 SO: Flag Football 4:30 - 5:30 pm NA: String Art 6:30pm-8:00pm	14	15 SE: MSU Football Game vs: Concordia St. Paul 11:00pm-5:00pm
16 SE: Renaissance Festival 10:00am-4:00pm	17 SO: Bocce Ball 4:30 - 5:30 pm	18 SO: Golf 4:30 - 6:00 pm NA: Duct Tape Art 6:30-8:00pm	19 SO: Softball 4:30-5:30 pm	20 SO: Flag Football 4:30 - 5:30 pm NA: Karaoke 6:30-8:00pm	21	22 State Tournament
23 State Tournament ----- 30 SE: St. Croix River Lunch Cruise 9:00am-6:00pm	24	25 NA: Smoothie Social 6:30pm-7:30pm	26 SO: Bowling 4:30 - 5:50 pm	27 SO: Flag Football 4:30 - 5:30 pm NA: Fridge Magnets 6:30pm-7:30pm	28	29 SE: Dinner & a Movie 5:00pm - 9:30pm

Leep Staff

Lisa Wojcik Executive Director
 Heather Brockmann Administrative Coordinator
 Jake Vlasak Athletic Manager
 Beth Kozitza Program Manager

LEEP ADVISORY COUNCIL

NEXT MEETING: MONDAY, SEPTEMBER 10

TIME: 6:00-7:00PM

WHERE: LEEP BOARD ROOM

WANT TO JOIN? CONTACT JAKE OR BETH AT

507-387-5122 OR EMAIL AT
PROGRAMS@MANKATOLEEP.ORG

LEEP PAYMENT CHECKLIST – SEPTEMBER 2018 ● ● ●

For your convenience, LEEP has included this checklist to assist with registration and to make the payment process easier. Please include payment for transportation. If you would like to include a copy with pre-payments, this will help eliminate any confusion. Thanks!

X	Code	Date	Event	Fee	X	Code	Dates	Event	Fee
	NA	9/5	Walking Tacos	\$5		NA	9/18	Duct Tape Art	\$5
	NA	9/7	Birthday Bash Bingo	\$5		NA	9/20	Karaoke	\$3
	NA	9/11	Pizza Party	\$5		NA	9/25	Smoothie Social	\$5
	NA	9/13	String Art	\$5		NA	9/27	Fridge Magnets	\$5
Special Events									
	SE	9/8	WOW!Zone Bowling & Pizza	\$35/\$40		SE	9/16	Renaissance Festival	\$88/\$95
	SE	9/9	Farm America	\$66/\$73		SE	9/29	Dinner and a Movie	\$50/\$57
	SE	9/15	MSU Football vs Concordia St Paul	\$60/\$67		SE	9/30	St. Croix River Lunch Cruise	\$88/\$95
Special Olympics									
	SO	8/23 - 10/28	Flag Football	\$100/\$300					
	SO	9/26 - 12/1	Bowling	\$100					

Reminder... All fees must be paid by the date of the event or **\$5 late fee** will be added. Please call LEEP if you need financial assistance through a scholarship or to establish a payment plan.

* Credit card payments are now accepted with a minimal convenience fee and can be processed in the LEEP office during regular business hours.

Participant's Name: _____
 Total Amount Due: _____
 Total Credits: _____
 Total Payment: _____

FIND US ON SOCIAL MEDIA!

Want to know the latest happenings at LEEP quickly and often before they are published in the newsletter? Or do you love to look at pictures and /or videos from past LEEP activities? Well LEEP's got several ways for you to do this. Stay up to date on all of the latest happenings, announcements or give us feedback by following us on Facebook, Twitter, Instagram and Youtube.

Find us on: www.facebook.com/LEEP | twitter.com/leepmankato | [YouTube: LEEPmankato](https://www.youtube.com/leepmankato) | [Instagram:](https://www.instagram.com/leepmankato)

Ready to Register?

We have 3 Options Available:

1. Web: www.mankatoleep.org
2. Phone: 507-387-5122
3. E-mail: info@mankatoleep.org



Leisure Education for Exceptional People

September 2018

Leisure Education For Exceptional People
929 North 4th Street
Mankato, MN 56001

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WHAT'S INSIDE

- Information on October Halloween Dance
- Flag Football Special Olympics Registration
- September Calendar of Events
- Highlights of Summer Rec and LEEP Legends 2018
- Look for Upcoming Vacation Packages soon!!

Enriching lives through inclusive education,
recreation, and healthy living opportunities.

Proud Partner of:



mankatoleep.org

Get Involved

We need your help to make LEEP stronger!



**The newsletter is also available on our website at www.mankatoleep.org.
Editor: LEEP Team**

Address or Name Change?
Is your contact information correct and up to date?
Would you prefer to be removed from our mailing list?
Please contact LEEP: info@mankatoleep.org
or call 507-387-5122