

NEWSLETTER

LEISURE EDUCATION

February 2023



Leisure Education for Exceptional People



FOR EXCEPTIONAL PEOPLE

ENRICHING LIVES
THROUGH
INCLUSIVE
EDUCATION,
RECREATION, AND
HEALTHY LIVING
OPPORTUNITIES

WHAT'S INSIDE:

- February Activities
- Winter Weather Reminder
- Registration Checklist
- Valentine's Day Dance
- LEEP Legends 2023 Managers
- Special Olympics Sports
- February Calendar



February Activities:



Night Activities:

February Birthday Bingo

Tuesday, February 7

Join us for another month of birthday bingo! As usual, there will be great prizes and lots of friendly competition! You get in free if your birthday is in February! Be sure to tell us when you register!

Time: 6:00-7:00 pm
Location: VINE Rm 510
Limit: 30 | Cost: \$8

Cupid's Karaoke

Thursday, February 23

Get your singing pipes ready for another epic karaoke night! Sing along with "Cupid" to your favorite love songs, as well as all of the favorite dance hits of all the decades!!

Location: VINE Rm 510
Time: 6:00-7:00 pm
Limit: 30 | Cost: \$8

Cookie Decorating & Cocoa

Tuesday, February 14

Be sure to sign up right away for this popular activity as it is sure to fill quickly and spots are limited! We'll have fun decorating cut-out cookies while sipping on hot cocoa. You will get to taste test the cookies and take some home to give to someone else or to eat yourself!

Location: VINE Rm 504
Time: 6:00-7:00 pm
Limit: 20 | Cost: \$8

Creative Craft Night

Tuesday, February 28th

Join your friends at LEEP for a fun craft night. Bring your creative thoughts, fun vibes and leave the supplies to us! What craft? It will be a surprise! Don't miss this fun evening!

Location: VINE Rm 504
Time: 6:00-7:00 pm
Limit: 20 | COST: \$8

Popcorn & A Show

Tuesday, February 21

Enjoy a night out and unwind with your friends at LEEP! We will be watching a fun show while snacking on some hot delicious popcorn!

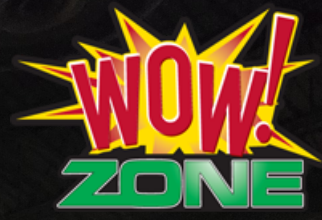
Location: VINE Rm 510
Time: 6:00-7:30 pm (PLEASE NOTE LONGER TIME)
Limit: 25 | Cost: \$8

Reminder:

NO FOOD OR DRINK AT ACTIVITIES!

There should be NO FOOD OR DRINK brought into the VINE building during LEEP activities by participants or their staff. Participants are asked to arrange their schedules so that they eat and drink at other times. Any food or beverages that are brought will NOT be allowed in the activity space.

PIZZA AND BOWLING



3

SUNDAY, FEBRUARY 12

2:30 PM - 5:00 PM

Grab all your friends for bowling and pizza at one of our favorite establishments in town! We will be bowling two games. After we bowl, we will enjoy delicious pizza and pop. **Please drop off & pick up on time!!**
We start at 2:30 pm and pickups should be at 5:00 pm | Limit: 15. COST: \$35.

**Cost includes one meal, one hour of bowling/ bowling equipment, event, and staffing*

WINTER WEATHER REMINDER

Decisions regarding program cancellations will typically be decided by 2:00 p.m. on the date of scheduled event or 2 hours prior to practice for Special Olympics cancellations. LEEP follows Mankato Area Public Schools' winter weather policy and will automatically close the office and cancel activities if school is cancelled due to weather. When possible, LEEP staff/volunteers will call registered participants to notify them of a cancellation in advance. Cancellation notices may also be posted on LEEP's social media accounts.

Please call the LEEP cancellation line at 507-387-5122 (option 3) and listen to the recorded message to learn whether or not an activity/event/program will be held. PLEASE NOTE: Voice messages left at this number will not be checked or returned.

LEEP requires that participants are properly prepared and dressed to participate in LEEP activities/events/programs. Participants should be dressed appropriately for the anticipated weather and have any other items they need to help keep them safe and healthy. In winter participants should be dressed in a winter jacket in addition to wearing winter boots, a scarf, mittens/gloves, a hat/earmuffs, etc. Layering of clothing is a good idea, especially during activities/events/programs that last for several hours or more.

4 LEEP REGISTRATION CHECKLIST:

- You must be a 2023 LEEP member before registering.
- Decide what activities to register for.
- Call the LEEP office at 507-387-5122 to register (if no one answers, please leave only ONE voicemail). LEEP staff will respond as soon as they can.
- Drop off or mail payment for activities to LEEP at 929 N. 4th St. in downtown Mankato (zip code 56001).
- If needed, request a scholarship for up to 50% of the activity cost before the event. The scholarship form is available at www.mankatoleep.org.
- Debit/Credit card payments are accepted in person at the LEEP office with a non-refundable convenience fee (4%).

REMINDERS:

- LEEP has been flexible but is working to get account balances paid in full.
- Please pay for the entire month of activities AFTER LEEP staff confirm your registration.
- Payment plans are available but should be requested by calling 507-387-5122.
- Cancellations are appreciated as soon as possible. For night activities, participants must call the LEEP office no less than 24 hours before the event to get a credit/refund. For special events on weekends, they must call Thursday before 12 PM to get a credit/ refund.
- To check on LEEP cancellations, please call 507-387-5122 (press 3).

SCHOLARSHIPS:

Looking forward to that special activity, but it's slightly out of your budget? Come into our office and fill out our scholarship form before the event and get up to 50% of your costs covered for the event! This can be used for Special Events, Night Activities, Leagues and Special Olympic sports.

- Applications can be found online at www.mankatoleep.org.
- All scholarships are given at the discretion of the Executive Director. Scholarships are limited per event.

X	CODE	DATE	ACTIVITY/EVENT	FEE
NIGHT ACTIVITIES				
	NA	2/7	Birthday Bingo	\$8
	NA	2/14	Cookie Decorating & Cocoa	\$8
	NA	2/21	Popcorn & Show	\$8
	NA	2/23	Cupid's Karaoke	\$8
	NA	2/28	Creative Craft Night	\$8
SPECIAL EVENTS				
	SE	1/29	Wow!Zone & Pizza	\$35
SPECIAL OLYMPICS				
	SO	Mar-Jun	Swimming	\$200
	SO	Mar-Jun	Basketball	\$150
	SO	Apr-Jun	Track & Field	\$150
	SO	STATE	Swimming; Basketball; T/F	\$100
	SO	TRANSP	SO Sport (\$35 1-way; \$70 2-way)	
2023 MEMBERSHIP				
Paperwork & payment				\$55
TOTAL AMOUNT DUE:				

PLEASE NOTE THE LOCATION OF SPECIAL EVENTS AS WELL AS WHERE YOU'RE SUPPOSED TO MEET. LEEP STAFF MAKE EVERY EFFORT TO MAKE SURE THAT NO ONE IS LEFT BEHIND. IF THERE ARE QUESTIONS, PLEASE CALL THE LEEP OFFICE.

To make sure you're signed up, please call the LEEP office (507-387-5122) and we will confirm your registration. You may bring the payment to the first activity you participate in. You may also drop off or mail your payment after we confirm your registration. PLEASE NOTE: The U.S. Postal System has been extremely slow lately.

NAME: _____

PHONE: _____

ADDRESS: _____

CITY: _____

STATE: _____

ZIP: _____

Valentine's Day ♥ Dance ♥

JOIN US FRIDAY, FEBRUARY 10
@ LINCOLN COMMUNITY CENTER IN THE LOWER GYM
FROM 6:30 PM - 9:00 PM
COST: \$10 (CAREGIVERS RECEIVE FREE ADMISSION)

*NO REGISTRATIONS WILL BE TAKEN AHEAD OF TIME FOR THE DANCE.
*THERE IS A NO RE-ENTRY POLICY FOR LEEP DANCES

SEEKING TEAM MANAGERS



Would you like to be a team
manager for LEEP Legends this year?
Call the LEEP office and we will do a
drawing among all interested LEEP
members to choose the managers!

LEEP Legends is Thursday, July 13 @
ISG Field!



VS



AUTO | HOME | LIFE | BUSINESS | RETIREMENT



2023 SPECIAL OLYMPICS SPRING/SUMMER SPORTS

Now is a good time to make sure that your Special Olympics paperwork is updated! Athletes are not allowed to participate in Special Olympics practices or tournaments without an updated Special Olympics medical form. The forms are available at the LEEP office or it is available online at https://specialolympicsminnesota.org/wp-content/uploads/2021/12/2021_12_somn_app_athlete.pdf.



**Special
Olympics**

Please call the LEEP Office at 507-387-5122 to see if your forms are current!

SWIMMING

Dates: Tuesdays - March 21 - June 16

Location: Mankato East High School swimming pool

Time: 6:00 - 7:00 pm (athletes should be dressed and ready to go in the pool at 6 pm!)

Cost: \$200 (Practice & facility fees, use of kick board & pull buoy, Regional competition & Regional transportation)
Additional \$100 for State competition and State transportation

Payments: Pay in full or payments: \$66 due March 28; \$67 due April 25; \$67 due May 23;

State payment (\$100) due in full by April 25

Regional Competition: Sunday, April 30, 2023 @ Rochester Recreation Center

State Competition: Saturday/Sunday, June 17-18, 2023 @ South View Middle School; Edina, MN

FULL- AND HALF-COURT BASKETBALL

Please note that we will only have a full-court team if enough athletes sign up!

Dates: Mondays - March 13 - June 19

Location: Autism Center (2101 Rolling Green Ln, North Mankato)

Time: 6:00 - 8:00 pm (exact practice time will depend on team placement)

Cost: \$150 (Practice & facility fees, use of jersey, equipment, Regional competition & Regional transportation)
Additional \$100 for State competition and State transportation

Payments: Pay in full or payments: \$50 due March 20; \$50 due week of April 17; \$50 due week of May 15;

State payment (\$100) due in full week of April 17

Regional Competition: Sunday, May 7, 2023 @ Gustavus Adolphus College

State Competition: Friday/Saturday/Sunday, June 23-25, 2023 @ Stillwater High School

TRACK AND FIELD

Dates: Wednesdays - April 12 - June 21 (actual start date depends on weather)

Location: Mankato East High School track (may use Bethany's indoor track early in season)

Time: 6:30 - 7:30 pm

Cost: \$150 (Practice & facility fees, t-shirt, Regional competition, & Regional transportation)
Additional \$100 for State competition and transportation

Payments: Pay in full or payments: \$50 due April 19; \$50 due May 24; \$50 due June 14;

State payment (\$100) due in full May 24

Regional Competition: May 2023 (date TBD) @ location TBD

State Competition: Friday-Sunday, June 24-26, 2023 @ Stillwater High School

PRACTICE TRANSPORTATION (ANY SPORT) ~ **subject to staffing availability**

Cost: \$35 for 1-way | \$70 for 2-way

FEBRUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 SO Powerlifting 10:00 am @ JP Fitness	3	4
5	6	7 NA: February Birthday Bingo 6:00 - 7:00 pm @ VINE Rm 510 SO Powerlifting 3:00 pm @ JP Fitness	8	9 SO Powerlifting 10:00 am @ JP Fitness	10 SE: Valentine's Day Dance 6:30 - 9:00 pm @ Lincoln Community Center	11
12 SE: Bowling & Pizza 2:30 - 5:00 pm @ Wow!Zone	13	14 NA: Cookie Decorating & Cocoa 6:00 - 7:00 pm @ VINE Rm 504 SO Powerlifting 3:00 pm @ JP Fitness	15	16 SO Powerlifting 10:00 am @ JP Fitness	17	18
19	20	21 NA: Popcorn & A Show 6:00 - 7:30 pm @ VINE Rm 510 SO Powerlifting 3:00 pm @ JP Fitness	22	23 NA: Cupid's Karaoke 6:00 - 7:00 pm @ VINE Rm 510 SO Powerlifting 10:00 am @ JP Fitness	24	25
26	27	28 NA: Creative Craft Night 6:00 - 7:00 pm @ VINE Rm 504 SO Powerlifting 3:00 pm @ JP Fitness				

OFFICE PHONE: 507-387-5122
EMAIL: INFO@MANKATOLEEP.ORG

LEISURE EDUCATION FOR EXCEPTIONAL PEOPLE
929 N 4TH ST
MANKATO, MN 56001

**Non-profit
US Postage
PAID
Mankato, MN
56001
PERMIT # 300**

RETURN SERVICE REQUESTED

ENRICHING LIVES THROUGH INCLUSIVE RECREATION,
SPORTING, AND HEALTHY LIVING OPPORTUNITIES.

PROUD PARTNER OF:



This newsletter is also available on the LEEP
website at www.mankatoleep.org
Editors: LEEP Team

BECOME A 2023 MEMBER programming with no limits

LEEP provides leisure education, recreation, and healthy living opportunities for people with intellectual and developmental disabilities. As a LEEP member, you'll have access to all the programs offered by LEEP, including night activities, special events, and Special Olympics. A yearly membership (January - December) is only \$55. Drop off or send a check in the mail with "2023 Membership" in the memo line. Membership Forms are available online as well.

**JOIN LEEP TODAY!
COMPLETE THE MEMBERSHIP FORM
AND RECEIVE MEMBER BENEFITS!**

