

NEWSLETTER

LEISURE EDUCATION

January 2023



Leisure Education for Exceptional People



FOR EXCEPTIONAL PEOPLE

ENRICHING LIVES
THROUGH
INCLUSIVE
EDUCATION,
RECREATION, AND
HEALTHY LIVING
OPPORTUNITIES

WHAT'S INSIDE:

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- January Calendar

January Activities:

Night Activities:

New Year Birthday Bingo

Thursday, January 5

Join us as we kick off 2023 with birthday bingo! As usual, there will be great prizes and lots of friendly competition! Join us as we celebrate December birthdays by singing to our favorite songs while we celebrate January birthdays! ** January birthdays get in FREE**

Time: 6:00-7:00 pm
Location: VINE Rm 510
Limit: 30 | Cost: \$8

Game Night

Thursday, January 19

This fun-filled night has all your favorite games! Take part in a game of Uno, enjoy your favorite board game, or try a new game. Come join your friends for this awesome night!

Location: VINE Rm 510
Time: 6:00-7:00 pm
Limit: 30 | Cost: \$8

Popcorn & A Show

Thursday, January 12

Enjoy a night out and unwind with your friends at LEEP! We will be watching a fun show while snacking on some hot delicious popcorn!

Time: 6:00-7:30 pm (PLEASE NOTE LONGER TIME)
Location: VINE Rm 504
Limit: 25 | Cost: \$8

Trivia Night

Tuesday, January 24

Join us for a fun night of trivia! We'll have some trivia questions prepared, and then explore trivia questions about participants' favorite topics! You won't want to miss it!

Location: VINE Rm 510
Time: 6:00-7:00 pm
Limit: 30 | Cost: \$8

Reminder:

NO FOOD OR DRINK AT ACTIVITIES!

There should be NO FOOD OR DRINK brought into the VINE building during LEEP activities by participants or their staff. Participants are asked to arrange their schedules so that they eat and drink at other times. Any food or beverages that are brought will NOT be allowed in the activity space.



DINNER AND A MOVIE

SATURDAY, JANUARY 14TH

4:30 PM - 8:30 PM

Enjoy a night out seeing a movie and eating out! We will be having dinner and seeing a movie at the Movies 8 Theater. **Bring extra cash for snacks and beverages at the movie.**

Cost includes 1 movie ticket, 1 meal, 1 event and staff.

Time: 4:30 pm - 8:30 pm | Limit: 10 | Cost: \$65

PLEASE DROP OFF & PICK UP AT MOVIES 8 IN THE RIVER HILLS MALL

PIZZA AND BURGER BASKETS



SUNDAY, JANUARY 29TH

11:00 AM - 1:30 PM

Join your friends for bowling and burger baskets at Wow!Zone! We will be bowling 2 games and then enjoying burger baskets and soda while socializing after we bowl.

*Cost includes: 1 meal/soda, 1 hour of bowling/ bowling equipment, event, and staffing

Time: 11:00 am - 1:30 pm (meet at WOW!Zone at 10: 45 am)

Pickups: at 2:00 pm (please be on time)

Limit: 10 | Cost: \$35

4 LEEP REGISTRATION CHECKLIST:

- You must be a 2022 LEEP member before registering.
- Decide what activities to register for.
- Call the LEEP office at 507-387-5122 to register (if no one answers, please leave only ONE voicemail). LEEP staff will respond as soon as they can.
- Drop off or mail payment for activities to LEEP at 929 N. 4th St. in downtown Mankato (zip code 56001).
- If needed, request a scholarship for up to 50% of the activity cost before the event. The scholarship form is available at www.mankatoleep.org.
- Debit/Credit card payments are accepted in person at the LEEP office with a non-refundable convenience fee (4%).

REMINDERS:

- LEEP has been flexible but is working to get account balances paid in full.
- Please pay for the entire month of activities AFTER LEEP staff confirm your registration.
- Payment plans are available but should be requested by calling 507-387-5122.
- Cancellations are appreciated as soon as possible. For night activities, participants must call the LEEP office no less than 24 hours before the event to get a credit/refund. For special events on weekends, they must call Thursday before 12 PM to get a credit/ refund.
- To check on LEEP cancellations, please call 507-387-5122 (press 3).

SCHOLARSHIPS:

Looking forward to that special activity, but it's slightly out of your budget? Come into our office and fill out our scholarship form before the event and get up to 50% of your costs covered for the event! This can be used for Special Events, Night Activities, Leagues and Special Olympic sports.

- Applications can be found online at www.mankatoleep.org.
- All scholarships are given at the discretion of the Executive Director. Scholarships are limited per event.

X	CODE	DATE	ACTIVITY/EVENT	FEE
NIGHT ACTIVITIES				
	NA	1/5	New Year Birthday Bingo	\$8
	NA	1/12	Popcorn & Show	\$8
	NA	1/19	Game Night	\$8
	NA	1/24	Trivia	\$8
SPECIAL EVENTS				
	SE	1/14	Dinner & A Movie	\$65
	SE	1/29	Wow!Zone and Burgers	\$35
PICKLEBALL				
	sport	1/10	Try Pickleball!	FREE
2023 MEMBERSHIP				
Paperwork & payment before December 31, 2022				\$50
Paperwork & payment on/after January 1, 2023				\$55
TOTAL AMOUNT DUE:				

PLEASE NOTE THE LOCATION OF SPECIAL EVENTS AS WELL AS WHERE YOU'RE SUPPOSED TO MEET. LEEP STAFF MAKE EVERY EFFORT TO MAKE SURE THAT NO ONE IS LEFT BEHIND. IF THERE ARE QUESTIONS, PLEASE CALL THE LEEP OFFICE.

To make sure you're signed up, please call the LEEP office (507-387-5122) and we will confirm your registration. You may bring the payment to the first activity you participate in. You may also drop off or mail your payment after we confirm your registration. PLEASE NOTE: The U.S. Postal System has been extremely slow lately.

NAME: _____

PHONE: _____

ADDRESS: _____

CITY: _____

STATE: _____

ZIP: _____

PICKLEBALL

EVENT

TUESDAY, JANUARY 10TH, 5:00-6:00 PM

Picklebarn, 90 Power Drive, Mankato



Leisure Education for Exceptional People



We will be having a Valentine's dance in February!

No registrations will be taken ahead of time for the dance.

More information will be available in the February newsletter!

WINTER WEATHER REMINDER

Decisions regarding program cancellations will typically be decided by 2:00 p.m. on the date of scheduled event or 2 hours prior to practice for Special Olympics cancellations. LEEP follows Mankato Area Public Schools' winter weather policy and will automatically close/cancel if school and/or activities are cancelled due to weather. When possible, LEEP staff/volunteers will call registered participants to notify them of a cancellation in advance. Cancellation notices may also be posted on LEEP's social media accounts.

Please call the LEEP cancellation line at 507-387-5122 (option 3) and listen to the recorded message to learn whether or not an activity/event/program will be held. PLEASE NOTE: Voice messages left at this number will not be checked or returned.

LEEP requires that participants are properly prepared and dressed to participate in LEEP activities/events/programs. Participants should be dressed appropriately for the anticipated weather and have any other items they need to help keep them safe and healthy. In winter participants should be dressed in a winter jacket in addition to wearing winter boots, a scarf, mittens/gloves, a hat/earmuffs, etc. Layering of clothing is a good idea, especially during activities/events/programs that last for several hours or more.

2023 SPECIAL OLYMPICS SCHEDULE

LEEP welcomes everyone who is interested in the following Special Olympics sports to reach out and ask questions! If you have not completed Special Olympics MN paperwork or if you want to know if you need to update your Special Olympics paperwork, please contact the LEEP office at 507-387-5122 and we can help! The following is the tentative schedule that Special Olympics MN has provided. Please use this as a guide but know that anything listed may change!



POWERLIFTING

Practice Dates: December 27, 2022 - March 9, 2023 | Tuesdays @ 3 pm & Thursdays @ 10 am @ JP Fitness
State: Saturday & Sunday, March 11-12, 2023 – Lions United Fitness Center; Mendota Heights, MN (times TBD)

BASKETBALL

Practice Dates: Mid-March - June 22 (days/times/location TBD)
Regional: Sunday, May 7, 2023 @ Gustavus; St. Peter, MN (times TBD)
State: Friday - Sunday, June 23-25, 2023 @ Stillwater High School; Oak Park Heights, MN (days/times TBD)

SWIMMING

Practice Dates: Mid-March - June 16, 2023 (days/times/location TBD)
Regional: Sunday, April 30, 2023 @ Rochester Recreation Center; Rochester, MN (times TBD)
State: Saturday & Sunday June 17-18, 2023 @ South View Middle School; Edina, MN (days/times TBD)

TRACK & FIELD

Practice Dates: Early April - June 22, 2023 (days/times/location TBD)
Regional: TBD @ TBD
State: Friday - Sunday, June 23-25, 2023 @ Stillwater High School; Oak Park Heights, MN (days/times TBD)

BOCCE BALL

Practice Dates: Late June - mid/late August 2023 (days/times/location TBD)
Regional: TBD @ TBD
State: Saturday & Sunday, August 19-20, 2023 @ M Health Fairview Sports Center, Woodbury, MN; (days/times TBD)

SOFTBALL

Practice Dates: Late June - mid/late August 2023 (days/times/location TBD)
State: Friday - Sunday, August 18-20, 2023 @ M Health Fairview Sports Center, Woodbury, MN; (days/times TBD)

GOLF

Practice Dates: Late June - August 25, 2023 (days/times/location TBD)
Regional: Monday, July 31, 2023 @ Hidden Greens Golf Course; Hastings, MN (times TBD)
State: Sunday, August 27, 2023 @ Oak Marsh Golf Course; Oakdale, MN (times TBD)

FLAG FOOTBALL

Practice Dates: Late August - October 2023 (days/times/location TBD)
State: TBD, October 2023 – M Health Fairview Sports Center; Woodbury, MN

BOWLING



Practice Dates: Mid September - November 2023 (days/times TBD)
Invitational: TBD @ Wow!Zone; Mankato, MN
State: TBD, October 2023 – M Health Fairview Sports Center; Woodbury, MN

POWERLIFTING

Practice Dates: December 2023 - March 2024 | (days/times/location TBD)
State: March 2024 – days/times/location TBD

JANUARY 2023

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 LEEP Office Closed 	3 SO Powerlifting 3:00 pm @ JP Fitness	4	5 NA: New Year Birthday Bingo 6:00 - 7:00 pm @ VINE Rm 510 SO Powerlifting 10:00 am @ JP Fitness	6	7
8	9	10 Sport: Try Pickleball 5:00 - 6:00 pm @ Picklebarn SO Powerlifting 3:00 pm @ JP Fitness	11	12 NA: Popcorn & A Show 6:00 - 7:30 pm @ VINE Rm 504 SO Powerlifting 10:00 am @ JP Fitness	13	14 SE: Dinner & Movie 4:30 - 8:30 pm @ Movies 8
15	16 LEEP Office Closed 	17 SO Powerlifting 3:00 pm @ JP Fitness	18	19 NA: Game Night 6:00 - 7:00 pm @ VINE Rm 510 SO Powerlifting 10:00 am @ JP Fitness	20	21
22	23 LEEP Office Closed	24 NA: Trivia Night 6:00 - 7:00 pm @ VINE Rm 510 SO Powerlifting 3:00 pm @ JP Fitness	25	26 SO Powerlifting 10:00 am @ JP Fitness	27	28
29 SE: Bowling & Burger Baskets 11:00 am - 1:30 pm @ WOW!Zone	30	31 SO Powerlifting 3:00 pm @ JP Fitness				

OFFICE PHONE: 507-387-5122
EMAIL: INFO@MANKATOLEEP.ORG

LEISURE EDUCATION FOR EXCEPTIONAL PEOPLE
929 N 4TH ST
MANKATO, MN 56001

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RETURN SERVICE REQUESTED

ENRICHING LIVES THROUGH INCLUSIVE RECREATION,
SPORTING, AND HEALTHY LIVING OPPORTUNITIES.

PROUD PARTNER OF:



This newsletter is also available on the LEEP
website at www.mankatoleep.org
Editors: LEEP Team

BECOME A 2023 MEMBER programming with no limits

LEEP provides leisure education, recreation, and healthy living opportunities for people with intellectual and developmental disabilities. As a LEEP member, you'll have access to all the programs offered by LEEP, including night activities, special events, and Special Olympics. A yearly membership (January - December) is only \$55. Drop off or send a check in the mail with "2023 Membership" in the memo line. Membership Forms are available online as well.

**JOIN LEEP TODAY!
COMPLETE THE MEMBERSHIP FORM
AND RECEIVE MEMBER BENEFITS!**

