

NEWSLETTER

LEISURE EDUCATION

April 2023



Leisure Education for Exceptional People



Thank you JP Fitness!

FOR EXCEPTIONAL PEOPLE

ENRICHING LIVES
THROUGH
INCLUSIVE
EDUCATION,
RECREATION, AND
HEALTHY LIVING
OPPORTUNITIES

WHAT'S INSIDE:

- April Activities
- Special Events
- Dance Advisory Committee
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- Upcoming Special Olympics Sports
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April Activities:

Night Activities:

Easter Cookie Decorating and Springtime Lemonade

Tuesday, April 6

Be sure to sign up right away for this popular activity, it fills up quickly! We will listen to music and decorate cut-out easter cookies while sipping on spring time lemonade. You will get to taste test the cookies and take some home to give out to friends or family for the holiday!

Location: VINE Rm 504
Time: 6:00 – 7:00 pm
Limit: 20 | Cost: \$8

Game Night and Root Beer Floats

Tuesday, April 25

This fun-filled night has all your favorite games plus we will be asking YOU to help plan future programs and dances for LEEP. Bring all your ideas for night activities, special events and dances! Make new friends, play games and enjoy a Root Beer Float.

Location: VINE Rm 504
Time: 6:00-7:00 pm
Limit: 25 | Cost: \$8

Creative Craft Night

Tuesday, April 11

April showers bring May flowers! We will create unique beaded raindrops to hang in a window or even outside in a tree! You can make as many as time allows! Bring your creative, fun vibes and get ready for Spring!

Location: VINE Rm 504
Time: 6:00 – 7:00 pm
Limit: 20 | Cost: \$8

Popcorn & A Show

Thursday, April 27

Enjoy a night out and unwind with your friends at LEEP! We will be watching a fun show while snacking on hot delicious popcorn, bring your own water bottle!

Location: VINE Rm 510
Time: 6:00-8:00 pm (PLEASE NOTE LONGER TIME)
Limit: 25 | Cost: \$8

Birthday Bingo

Thursday, April 20

Join us with another month of birthday bingo! As usual, there will be great prizes and lots of friendly competition! You get in free if your birthday is in April! Be sure to tell us when you register!

Location: VINE Rm 510
Time: 6:00-7:00 pm
Limit: 30
Cost: \$8

Athletics: Pickleball Basics

Tuesday, April 18

Pickleball is the fastest-growing sport in the United States. This easy, low-impact activity is more fun than you can imagine! Learn some basics and have a blast playing pickleball with your friends. Please wear tennis shoes, workout clothes, and bring a water bottle with your name on it.

Location: Meet @ Picklebarn, 90 Power Dr, Mankato
Time: 5:30 – 6:30 pm
Limit: 15 | Cost: \$10



MINNESOTA³ ZOO

SATURDAY, APRIL 22

AFRICAN PENGUINS, SNOW MONKEYS, LEOPARD SHARKS AND MORE ANIMALS CAN BE SEEN AT THE MN ZOO. WE WILL GO TO THE ZOO'S AMAZING BIRD SHOW, SEE THE BEARS ON THE MINNESOTA TRAIL AND WATCH THE DOLPHINS! ENJOY A LUNCH OF BURGERS AND FRIES AND DON'T MISS THIS SPECIAL EVENT. SPACE IS LIMITED, SO SIGN UP EARLY!

Saturday, April 22

8:15 am - 3:45 pm

**Meet at LEEP @ 8:00 am
929 North 4th Street**

Pickups at LEEP @ 3:45 pm

Limit: 10 | Cost: \$60

COST INCLUDES: TRANSPORTATION, 1 ZOO TICKET, 1 MEAL (BURGER/FRIES/SMALL DRINK), & STAFFING

PLEASE NOTE: PARTICIPANTS MUST BE ABLE TO WALK FOR AN EXTENDED PERIOD OF TIME.

BURGERS AND BOWLING



SUNDAY, APRIL 30

11:00 AM - 1:30 PM

Grab all your friends for bowling and burgers at one of our favorite establishments in town! We will be bowling two games. After we bowl, we will enjoy burger baskets and pop.

Please drop off & pick up on time!!

We start at 11:00 am and pickups should be at 1:30 pm | Limit: 15. COST: \$35.

**Cost includes one meal, one hour of bowling/ bowling equipment, event, and staffing*

CINCO DE MAYO FIESTA

SUNDAY,
MAY 7

CELEBRATE CINCO DE MAYO WITH ALL YOUR FRIENDS!
CREATE YOUR OWN TACO MASTERPIECE AT THE TACO BAR.
LISTEN TO FESTIVE MUSIC AND ENJOY DINNER TOGETHER.
WE WILL ALSO GIVE AWAY SPECIAL CINCO DE MAYO PRIZES!

Time: 5:00 pm - 6:30 pm | Limit: 30 | Cost: \$12
*Cost includes: 1 taco bar, event, prizes & staffing

PLEASE MEET AT WOW!ZONE AT 5:00 PM. PICKUPS AT 6:30 PM.

JOIN THE SPRING DANCE ADVISORY COMMITTEE!

LEEP is excited to announce that we will be holding a spring dance on May 19, 2023! We want LEEP participants to have more involvement in the planning process, so we are going to have a LEEP Dance Participant Advisory Committee for future dances we hold! If you are interested in joining the advisory committee for the 2023 Spring Dance, please contact Kayla via email at info@mankatoleep.org or by phone at 507-387-5122. She will be doing a drawing to decide who will participate and she will contact those whose names are drawn to let them know when the meeting will be.



LEEP REGISTRATION CHECKLIST:

- You must be a 2023 LEEP member before registering.
- Decide what activities to register for.
- Call the LEEP office at 507-387-5122 to register (if no one answers, please leave only ONE voicemail). LEEP staff will respond as soon as they can.
- Drop off or mail payment for activities to LEEP at 929 N. 4th St. in downtown Mankato (zip code 56001).
- If needed, request a scholarship for up to 50% of the activity cost before the event. The scholarship form is available at www.mankatoleep.org.
- Debit/Credit card payments are accepted in person at the LEEP office with a non-refundable convenience fee (4%).

REMINDERS:

- LEEP has been flexible but is working to get account balances paid in full.
- Please pay for the entire month of activities AFTER LEEP staff confirm your registration.
- Payment plans are available but should be requested by calling 507-387-5122.
- Cancellations are appreciated as soon as possible. For night activities, participants must call the LEEP office no less than 24 hours before the event to get a credit/refund. For special events on weekends, they must call Thursday before 12 pm to get a credit/ refund.
- To check on LEEP cancellations, please call 507-387-5122 (press 3).

SCHOLARSHIPS:

Looking forward to that special activity, but it's slightly out of your budget? Come into our office and fill out our scholarship form before the event and get up to 50% of your costs covered for the event! This can be used for Special Events, Night Activities, Leagues and Special Olympic sports.

- Applications can be found online at www.mankatoleep.org.
- All scholarships are given at the discretion of the Executive Director. Scholarships are limited per event.

X	CODE	DATE	ACTIVITY/SPORT	FEE
NIGHT ACTIVITIES				
	NA	4/6	Easter Cookie Decorating & Lemonade	\$8
	NA	4/11	Creative Craft Night	\$8
	NA	4/20	Birthday Bingo	\$8
	NA	4/25	Game Night & Root Beer Floats	\$8
	NA	4/27	Popcorn & A Show	\$8
SPECIAL EVENTS				
	SE	4/22	MN ZOO	\$60
	SE	4/30	Burgers & Bowling	\$35
	SE	5/7	Cinco de Mayo Fiesta	\$12
ATHLETICS				
	NA	4/18	Pickleball Basics	\$10
SPECIAL OLYMPICS				
	SO	Apr-Jun	Track & Field	\$150
	SO	TRANSP	SO Sport (\$35 1-way; \$70 2-way)	
2023 MEMBERSHIP				
Paperwork & payment				\$55
TOTAL AMOUNT DUE:				

PLEASE NOTE THE LOCATION OF SPECIAL EVENTS AS WELL AS WHERE YOU'RE SUPPOSED TO MEET. LEEP STAFF MAKE EVERY EFFORT TO MAKE SURE THAT NO ONE IS LEFT BEHIND. IF THERE ARE QUESTIONS, PLEASE CALL THE LEEP OFFICE.

To make sure you're signed up, please call the LEEP office (507-387-5122) and we will confirm your registration. You may bring the payment to the first activity you participate in. You may also drop off or mail your payment after we confirm your registration. PLEASE NOTE: The U.S. Postal System has been extremely slow lately.

NAME: _____

PHONE: _____

ADDRESS: _____

CITY: _____

STATE: _____

ZIP: _____

SPECIAL OLYMPICS STATE POWERLIFTING



UPCOMING SPECIAL OLYMPICS SUMMER SPORTS

UPCOMING SPECIAL OLYMPICS SUMMER SPORTS: Bocce Ball, Softball, Golf
June/July - September

We will have more information in the May newsletter. Now is a good time to make sure that your Special Olympics paperwork is updated! Athletes are not allowed to participate in Special Olympics practices or tournaments without a current completed Special Olympics medical form. The forms are available at the LEEP office or online at

https://specialolympicsminnesota.org/wp-content/uploads/2021/12/2021_12_somn_app_athlete.pdf

Please call the LEEP Office at 507-387-5122 to see if your forms are current!



**Special
Olympics**

APRIL 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 SE: Tour of Mankato Makerspace 1:00 - 2:00 pm
2	3 SO Basketball 6:00 pm @ Autism Center	4 SO Swimming 6:00 pm @ East High School	5	6 NA: Cookie Decorating 6:00 - 7:00 pm @ VINE RM 504	7	8
9	10 SO Basketball 6:00 pm @ Autism Center	11 NA: Creative Craft Night 6:00 - 7:00 pm @ VINE RM 504 SO Swimming 6:00 pm @ East High School	12 SO Track & Field 6:30 pm @ East High Track	13	14	15
16	17 SO Basketball 6:00 pm @Autism Center	18 NA: Pickleball Basics 5:30 - 6:30 pm Meet @ Picklebarn Pickup @ Picklebarn SO Swimming 6:00 pm @ East High School	19 SO Track & Field 6:30 pm @East High Track	20 NA: Birthday Bingo 6:00 - 7:00 pm @ VINE RM 510	21	22 SE: Minnesota Zoo 8:15 am - 3:45 pm Meet @ LEEP Pickup @ LEEP
23	24 SO Basketball 6:00 pm @ Autism Center	25 NA: Game Night & Rootbeer Floats 6:00 - 7:00 pm @ VINE RM 504 SO Swimming 6:00 pm @ East High School	26 SO Track & Field 6:30 pm @ East High Track	27 NA: Popcorn & A Show 6:00 - 8:00 pm @ VINE RM 510	28	29
30 SE: Burgers & Bowling 11:00 am - 1:30 pm Meet @ WOW!Zone Pickup @ WOW!Zone SO Swimming Regional Times TBD @ Rochester Rec Ctr			OFFICE PHONE: 507-387-5122 EMAIL: INFO@MANKATOLEEP.ORG			

LEISURE EDUCATION FOR EXCEPTIONAL PEOPLE
929 N 4TH ST
MANKATO, MN 56001

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RETURN SERVICE REQUESTED

ENRICHING LIVES THROUGH INCLUSIVE RECREATION,
SPORTING, AND HEALTHY LIVING OPPORTUNITIES.

PROUD PARTNER OF:



This newsletter is also available on the LEEP
website at www.mankatoleep.org
Editors: LEEP Team

BECOME A 2023 MEMBER programming with no limits

LEEP provides leisure education, recreation, and healthy living opportunities for people with intellectual and developmental disabilities. As a LEEP member, you'll have access to all the programs offered by LEEP, including night activities, special events, and Special Olympics. A yearly membership (January - December) is only \$55. Drop off or send a check in the mail with "2023 Membership" in the memo line. Membership Forms are available online as well.

**JOIN LEEP TODAY!
COMPLETE THE MEMBERSHIP FORM
AND RECEIVE MEMBER BENEFITS!**

