

NEWSLETTER

LEISURE EDUCATION

May 2023



Leisure Education for Exceptional People



FOR EXCEPTIONAL PEOPLE

ENRICHING LIVES
THROUGH
INCLUSIVE
EDUCATION,
RECREATION, AND
HEALTHY LIVING
OPPORTUNITIES

WHAT'S INSIDE:

- May Activities
- Registration Checklist
- Floral Fling Dance
- LEEP Elegance
- Special Olympics Sports
- May Calendar

May Activities

Creative Craft Night

Tuesday, May 9

Come hang out with your LEEP friends and made a springtime flower bouquet out of tissue paper! We will also make flower decorations for our LEEP Flower Fling Dance.

Location: VINE Room 504

Time: 6:00-7:00 pm

Limit: 20 / Cost: \$8

Karaoke and Cupcakes

Tuesday, May 16

Come sing-a-long to all your favorite songs while eating a delicious cupcake! If you have a special song you want to hear or sing, put in your request with the LEEP Karaoke Masters.

Location: VINE Room 510

Time: 6:00-7:00 pm

Limit: 30 / Cost: \$8

Get your Groove On!

Thursday, May 18

Brush up on your dance moves before the Floral Fling Dance! We will learn the moves to Macarena, Electric Slide, Cha Cha Slide, Old Town Road, Fancy Like, and more favorite dance moves!

Location: VINE Room 510

Time: 6:00-7:00 pm

Limit: 30 / Cost: \$8

Birthday Bingo

Tuesday, May 23

Join us for another month of birthday bingo! As usual, there will be great prizes and lots of friendly competition! **You get in free if your birthday is in May. Be sure to tell us when you register!**

Location: VINE Room 510

Time: 6:00-7:00 pm

Limit: 30 / Cost: \$8

Kickball Fun!

Thursday, May 25

Get ready, set, kick! Team up with your friends to play a game of kickball. Come for an easy, fun, and perfect way to spend an evening in May. After we play, we will enjoy a special treat!

Location: Spring Lake Park, 641 Webster Ave
Meet by the shelter nearest to the volleyball courts

Time: 6:00-7:00 pm

Limit: 30 / Cost: \$8

Reminder:

NO FOOD OR DRINK AT ACTIVITIES!

THERE SHOULD BE NO FOOD OR DRINK BROUGHT INTO THE VINE BUILDING DURING LEEP ACTIVITIES BY PARTICIPANTS OR THEIR STAFF. PARTICIPANTS ARE ASKED TO ARRANGE THEIR SCHEDULES SO THAT THEY EAT AND DRINK AT OTHER TIMES. ANY FOOD OR BEVERAGES THAT ARE BROUGHT WILL NOT BE ALLOWED IN THE ACTIVITY SPACE.

PLEASE NOTE THE LOCATION OF SPECIAL EVENTS AS WELL AS WHERE YOU'RE SUPPOSED TO MEET. LEEP STAFF MAKE EVERY EFFORT TO MAKE SURE THAT NO ONE IS LEFT BEHIND. IF THERE ARE QUESTIONS, PLEASE CALL THE LEEP OFFICE.

Oklahoma!

THURSDAY, MAY 11

THURSDAY, MAY 11
6:30 - 9:30 PM (PLEASE EAT BEFORE YOU COME)
LOCATION: 110 FULTON ST, MANKATO
LIMIT: 20 | COST: \$8

JOIN LEEP AS WE GET A SNEAK PREVIEW BEFORE OPENING NIGHT OF THE HIT BROADWAY MUSICAL "OKLAHOMA!" BEING PUT ON BY THE FABULOUS MANKATO MERELY PLAYERS!

A CLASSIC LOVE STORY BETWEEN A COWBOY AND A FARM GIRL AT THE TURN OF THE CENTURY, COME EXPERIENCE A NIGHT OF SONG, DANCES AND ENTERTAINMENT!

JOIN LEEP FOR A... *Springtime Adventure!*

SATURDAY, MAY 20
MEET AT LEEP @ 2:30 PM
PICKUP AT LEEP @ 4:30 PM

SPRING IS HAPPENING AT MINNEOPA STATE PARK! JOIN LEEP ON A TOUR OF THE BISON DRIVE AND THE WATERFALLS, AND LOOK FOR SPRING FLOWERS! FOLLOWING OUR NATURE ADVENTURE, GATHER AROUND THE FIRE TO MAKE YUMMY S'MORES AND TRAIL MIX TO TAKE ON YOUR NEXT SPRINGTIME NATURE HIKE!

COST: \$10 LIMIT: 10

LEEP's 1st Annual...

Summer Kick-Off Picnic

THURSDAY, JUNE 1

JOIN LEEP AS WE KICK OFF SUMMER WITH OUR 1ST ANNUAL SUMMER PICNIC!

DROP OFF AND PICK UP @ SIBLEY PARK
WE WILL BE IN SHELTER #2
5:30-7:30 PM | COST: \$12 | LIMIT: 40

ENJOY ALL OF YOUR FAVORITE SUMMER HITS WHILE CHILLING AND PICNICKING WITH FRIENDS AT SIBLEY PARK. CHECK OUT THE FARM ANIMALS, PLAY LAWN GAMES, OR JUST SIT AND CHAT WITH FRIENDS.

LEEP WILL PROVIDE A PICNIC MEAL OF HOT DOG, CHIPS, PICKLES, POTATO SALAD, WATERMELON, COOKIES AND WATER. PLEASE BRING ALONG LAWN CHAIRS IF YOU HAVE ONE.



2023 Floral Fling

YOU'RE INVITED!

JOIN US FRIDAY, MAY 19TH

AT DAKOTA MEADOWS MIDDLE SCHOOL

FROM 6:30 PM - 8:30 PM

COST: \$10 (CAREGIVERS RECEIVE FREE
ADMISSION)

*NO REGISTRATIONS WILL BE TAKEN
AHEAD OF TIME FOR THE DANCE.

**THERE IS A NO RE-ENTRY POLICY FOR
LEEP DANCES



AND THE LEEP LEGENDS MANAGERS ARE...

Darcy Siekmann and Stephanie St. John!

SAVE THE DATE FOR OUR LEEP LEGENDS SCRIMMAGE!

MONDAY, JUNE 12 @ 5:30 PM @ ISG FIELD

THIS EVENT IS NOT STAFFED, SO PLEASE PLAN ACCORDINGLY!

COST: FREE

PLEASE CALL THE LEEP OFFICE TO REGISTER!!

Time to get excited for

LEEP Elegance 2023!

Keep your eyes peeled for announcements in our June and July newsletters!

LEEP REGISTRATION CHECKLIST:

- You must be a 2023 LEEP member before registering.
- Decide what activities to register for.
- Call the LEEP office at 507-387-5122 to register (if no one answers, please leave only ONE voicemail). LEEP staff will respond as soon as they can.
- Drop off or mail payment for activities to LEEP at 929 N. 4th St. in downtown Mankato (zip code 56001).
- If needed, request a scholarship for up to 50% of the activity cost before the event. The scholarship form is available at www.mankatoleep.org.
- Debit/Credit card payments are accepted in person at the LEEP office with a non-refundable convenience fee (4%).

REMINDERS:

- LEEP has been flexible but is working to get account balances paid in full.
- Please pay for the entire month of activities AFTER LEEP staff confirm your registration.
- Payment plans are available but should be requested by calling 507-387-5122.
- Cancellations are appreciated as soon as possible. For night activities, participants must call the LEEP office no less than 24 hours before the event to get a credit/refund. For special events on weekends, they must call Thursday before 12 pm to get a credit/ refund.
- To check on LEEP cancellations, please call 507-387-5122 (press 3).

SCHOLARSHIPS:

Looking forward to that special activity, but it's slightly out of your budget? Come into our office and fill out our scholarship form before the event and get up to 50% of your costs covered for the event! This can be used for Special Events, Night Activities, Leagues and Special Olympic sports.

- Applications can be found online at www.mankatoleep.org.
- All scholarships are given at the discretion of the Executive Director. Scholarships are limited per event.

X	CODE	DATE	ACTIVITY/SPORT	FEE
NIGHT ACTIVITIES				
	NA	5/9	Creative Craft Night	\$8
	NA	5/16	Karaoke and Cupcakes	\$8
	NA	5/18	Get Your Groove On	\$8
	NA	5/23	Birthday Bingo	\$8
	NA	5/25	Kickball Fun	\$8
SPECIAL EVENTS				
	SE	5/11	Oklahoma! Play	\$8
	SE	5/21	Springtime Adventure	\$8
	SE	6/1	Summer Kick off Picnic	\$12
SPECIAL OLYMPICS				
	SO	Jul-Aug	Softball	\$150
	SO	Jul-Aug	Bocce Ball	\$125
	SO	Jul-Aug	Golf	\$125
	SO	STATE	Bocce Ball; Golf	\$100
	SO	TRANSP	SO Sport (\$35 1-way; \$70 2-way)	
2023 MEMBERSHIP				
Paperwork & Payment				\$55
TOTAL AMOUNT DUE:				

To make sure you're signed up, please call the LEEP office (507-387-5122) and we will confirm your registration. You may bring the payment to the first activity you participate in. You may also drop off or mail your payment after we confirm your registration. PLEASE NOTE: The U.S. Postal System has been extremely slow lately.

NAME: _____

PHONE: _____

ADDRESS: _____

CITY: _____

STATE: _____

ZIP: _____

APRIL NEWSLETTER:

LEEP would like to formally apologize to anyone who did not receive a newsletter in April. We had some technical difficulties with printing off the mailing labels and didn't realize until after the fact that new participants and those with updated addresses were not printed off or listed. We hope that we were able to get out newsletters this month to everyone who wanted one!

6 SPECIAL OLYMPICS SUMMER 2023

LEEP is planning to have the following three sports this summer. We are currently in the process of planning for these and will have more information in the June newsletter. Now is a great time to make sure that your Special Olympics paperwork is updated prior to the practices starting! All athletes must have current completed Special Olympics medical form to participate. Please call the LEEP office if you are interested in participating!

GOLF

Dates: Mondays & Thursdays July 6-August 24 (NO PRACTICE 7/13)

Location: Terrace View Golf Course (19304 Hwy 22, Mankato, MN)

Time: 4:30-6:00 pm

Cost: \$125 (staffing, apparel, practice & facility fees, regional competition & regional transportation) Additional \$100 for State competition and transportation

Transportation: \$35 one-way, \$70 two-way for practices; provided for regional competition

Regional Competition: Monday, July 31 @ Hidden Green Golf Course, Hastings, MN (times TBD)

State Competition: Sunday, August 27 @ Oak Marsh Country Club, Oakdale, MN (times TBD)

BOCCE BALL

Dates: Mondays July 10- August 14

Time: TBD

Location: Soccer Pitch at Bethany Lutheran College (700 Luther Dr, Mankato, MN)

Cost: \$125 (staffing, regional competition & regional transportation) Additional \$100 for state competition and transportation

Transportation: \$35 one-way; \$70 two-way for practices; provided for regional competition

Regional competition: Sunday, July 30 @ Shattuck- St. Mary's, Fairbault, MN (times TB)

State competition: Saturday & Sunday August 19-20 @ MN Fairview Sports Center, Woodbury, MN (times TBD)

SOFTBALL

Dates: Wednesdays July 5-August 14

Location: Caswell Park

Time: 4:30-5:30 pm


Cost: \$150 (staffing, practice & facility fees)

Transportation: \$35 one-way, \$70 two-way for practices

State Competition: Friday-Sunday, August 18-20 @ MN Fairview Sports Center, Woodbury, MN (times TBD)

Scrimmages: Please note we plan to have scrimmages with local teams throughout the summer. Those dates have not yet been set.

May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 SO Basketball 6:00 pm @ Autism Center	2	3	4	5	6
7 SE: Cinco de Mayo Fiesta! 5:00- 6:30 pm Meet @ WOW! Zone SO Basketball Regionals @ Gustavus Time TBD	8 SO Basketball 6:00 pm @ Autism Center	9 NA: Creative Craft Night 6:00- 7:00 pm @ VINE Rm 504 SO Swimming 6:00 pm @ East High School	10 SO Track & Field 6:30 pm @ East High School	11 SE: Oklahoma! Play 6:30- 9:30 pm Meet @ Lincoln Community Center @ 6:30 pm	12	13
14 	15 SO Basketball 6:00 pm @ Autism Center	16 NA: Karaoke & Cupcakes 6:00-7:00 pm @ VINE Rm 510 SO Swimming 6:00 pm @ East High School	17 SO Track & Field 6:30 pm @ East High School	18 NA: Get Your Groove On! 6:00-7:00 pm @ VINE Rm 510	19 Floral Fling Dance 6:30-8:30 pm Dakota Meadows 	20 SE: Springtime Adventure 2:30-4:30 pm Meet @ LEEP
21 SO Track & Field Regionals @ J M High School in Rochester Times TBD	22 SO Basketball 6:00 pm @ Autism Center	23 NA: Birthday Bingo 6:00- 7:00 pm @ VINE Rm 510 SO Swimming 6:00 pm @ East High School	24 SO Track & Field 6:30 pm @ East High School	25 NA: Kickball Fun! 6:00-7:00 pm @ Spring Lake Park	26	27
28	29  Office Closed No basketball practice	30 SO Swimming 6:00 pm @ East High School	31 SO Track & Field 6:30 pm @ East High School	1 - June SE: 1st Annual Summer Kick Off Picnic! 5:30-7:30 pm Meet @ Sibley Park Shelter #2	2	3

OFFICE PHONE: 507-387-5122
EMAIL: INFO@MANKATOLEEP.ORG

LEISURE EDUCATION FOR EXCEPTIONAL PEOPLE
929 N 4TH ST
MANKATO, MN 56001

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RETURN SERVICE REQUESTED

ENRICHING LIVES THROUGH INCLUSIVE RECREATION,
SPORTING, AND HEALTHY LIVING OPPORTUNITIES.

PROUD PARTNER OF:



This newsletter is also available on the LEEP
website at www.mankatoleep.org
Editors: LEEP Team

BECOME A 2023 MEMBER programming with no limits

LEEP provides leisure education, recreation, and healthy living opportunities for people with intellectual and developmental disabilities. As a LEEP member, you'll have access to all the programs offered by LEEP, including night activities, special events, and Special Olympics. A yearly membership (January - December) is only \$55. Drop off or send a check in the mail with "2023 Membership" in the memo line. Membership Forms are available online as well.

**ADDRESS CHANGED?
PLEASE CALL THE LEEP OFFICE. LEEP
NEWSLETTERS DO NOT GET FORWARDED
LIKE OTHER MAIL DOES!**

