

# NEWSLETTER

## LEISURE EDUCATION

July 2023



Leisure Education for Exceptional People



## FOR EXCEPTIONAL PEOPLE

ENRICHING LIVES  
THROUGH  
INCLUSIVE  
EDUCATION,  
RECREATION, AND  
HEALTHY LIVING  
OPPORTUNITIES

### WHAT'S INSIDE:

- July Activities
- NEW Check In Procedure @ VINE
- Registration Checklist
- Thank you's from LEEP!
- Special Olympics Sports
- July Calendar
- LEEP Legends 2023 Information
- LEEP Elegance 2023 Information

# July 2023 Activities

## NEW!

**5th Floor check-In instead of the 1st -floor lobby at VINE. Please take the elevator to the 5th Floor where you will be checked-in by a LEEP Recreation Lead.**

## Reminders:

NO outside FOOD or DRINK is allowed during LEEP programs held at VINE for participants and group home staff. Group home staff are required to stay in the rented program space with participants at VINE, not in any common areas. Thank you.

## Nat'l Fried Chicken Day

**Thursday, July 6**

Join us to celebrate National Fried Chicken Day! The meal will include: chicken strips, mashed potatoes & gravy, coleslaw, and a biscuit from Kentucky Fried Chicken. Lemonade will also be served. After dinner, we will play a few games of UNO.

**Location: VINE Room 504**

**Limit: 20**

**Time: 6:00-7:00 pm**

**Cost: \$18**

## Karaoke and Coloring Contest

**Tuesday, July 11**

Sing along to summer's hottest hits or take the microphone and rock out! Color a summer scene and submit to win a prize. Prizes will be given to the top 3 Coloring Sheets winners (as voted on by LEEP Rec Leads).

**Location: VINE Room 510**

**Limit: 30**

**Time: 6:00-7:00 pm**

**Cost: \$8**

## Music and Munchies

**Thursday, July 20**

Listen to outdoor music with your friends from LEEP. Create a popcorn mix with chocolate chips, nuts, and raisins, to munch on at the concert or take home. Bring a lawn chair or blanket and a water bottle. In case of rain, we will meet at VINE in room 504.

**Location: Meet at Wheeler Park, 402 Page Ave**

**Time: 6:00-7:00 pm**

**Limit: 30**

**Cost: \$8**

## Birthday Bingo

**Tuesday, July 25**

Join us for another month of birthday bingo! As usual, there will be great prizes and lots of friendly competition!

**You get in free if your birthday is in July, so please tell us when you register!**

**Location: Meet at VINE Rm 510**

**Limit: 30**

**Time: 6:00-7:00 pm**

**Cost: \$8**

## Sunshine and Sweets

**Thursday, July 27**

**\*If you participated in June, you cannot register for this event\*** Meet at Riverfront Park to enjoy lawn games, then join us as we walk over to Mom & Pop's, a local family-owned ice cream shop on Riverfront, for a scoop of your favorite ice cream!

**Location: Riverfront Park – 309 West Rock Street**

**Time: 6:30-7:30 pm**

**PICK-UP: Mom & Pop's 629 North Riverfront**

**Limit: 15**

**In case of rain, we will meet at VINE Room 510**

**Cost: \$10**

# Blue Earth Giant Days!

**Saturday, July 8, 2023**

It's Giant Days in Blue Earth, celebrating the Birthday of the Jolly Green Giant! Eat lunch at the *Cedar Inn Drive-In*, tour the Giant Museum, plus check out the classic car show and all the town's festivities. Be entertained by the "Don B. Comedy Show" filled with laughs, magic, juggling and even unicycling. Wear sunscreen, bring a bottle of water, and wear good walking shoes.

**LOCATION: MEET AT LEEP OFFICES**

**TIME: 10:30 AM - 3:30 PM**

**(WE WILL CALL WITH EXACT RETURN TIMES AFTER 3:00 PM)**

**LIMIT: 11**

**COST: \$40**



Join LEEP on a...

## Road Trip to Scoops!

**Tuesday, July 18**



**LOCATION: MEET AT LEEP**

**TIME: 6:00 - 8:00 PM**

**LIMIT: 11**

**COST: \$15**

Enjoy an evening drive to Scoops Ice Cream Shop in Elysian. Scoops is a locally owned shop that serves high quality Wisconsin ice cream. Play lawn games in their fun outdoor green space and if time allows, we will dip our toes in Lake Elysian.

**Sunday, July 23**

Make a splash! Cool off with all your LEEP friends at the Spring Lake Park Swim Facility. The pool features 2 water slides, volleyball nets, basketball hoops, two dive platforms, and a climbing wall. Wear sunscreen, bring a water bottle, and any additional money for snacks from concessions.

**LOCATION: SPRING LAKE PARK SWIM FACILITY, 641 WEBSTER**

**TIME: 1:00 - 3:00 P.M.**

**LIMIT: 20**

**COST: \$15**





## BUY YOUR TICKETS TODAY!

COME JOIN LEEP AT OUR BIGGEST FUNDRAISER OF THE YEAR!

Tickets are \$10 for LEEP Participants, Limit 2 per person.

Tickets for participants only available at the LEEP Office.

THIS EVENT IS NOT STAFFED!

Thursday, July 13th

ISG Field

Doors open @ 5:15 pm

## LEEP Severe Weather Policy

With summer weather well upon us, LEEP would like to remind all participants/staff/guardians to always pay attention to the weather.

### Program cancellation is as follows:

**Watch:** Programs will continue as scheduled

**Severe Weather/Tornado Warning:** Programs are cancelled

If there is a Watch, it will be up to participants/staff if they would like to attend. In order to not be charged, cancellations must be called in according to the regular cancellation policy.

It is LEEP's policy to cancel any and all LEEP programs if a Tornado Warning is in effect. No phone calls will be made to participants/staff/guardians, but participants will be given a credit/refund if the program was canceled prior to the program start.



THANK YOU TO ALL WHO ATTENDED  
*Floral Fling 2023!*

## THANK YOU I.B.E STUDENTS!

MSU Mankato IBE Students during the Fall and Spring Semesters donated time and money to LEEP as part of their class.

Thank you students!



## THANK YOU TROOP #34494

LEEP Participants were lucky enough to receive some girl scout cookies during events in April and May.

Thank you for your donation to LEEP!



## LEEP REGISTRATION CHECKLIST:

5

- You must be a 2023 LEEP member before registering.
- Decide what activities to register for.
- Call the LEEP office at 507-387-5122 to register (if no one answers, please leave only ONE voicemail). LEEP staff will respond as soon as they can.
- Drop off or mail payment for activities to LEEP at 929 N. 4th St. in downtown Mankato (zip code 56001).
- If needed, request a scholarship for up to 50% of the activity cost before the event. The scholarship form is available at [www.mankatoleep.org](http://www.mankatoleep.org).
- Debit/Credit card payments are accepted in person at the LEEP office with a non-refundable convenience fee (4%).

## REMINDERS:

- LEEP has been flexible but is working to get account balances paid in full.
- Please pay for the entire month of activities AFTER LEEP staff confirm your registration.
- Payment plans are available but should be requested by calling 507-387-5122.
- Cancellations are appreciated as soon as possible. For night activities, participants must call the LEEP office no less than 24 hours before the event to get a credit/refund. For special events on weekends, they must call Thursday before 12 pm to get a credit/ refund.
- To check on LEEP cancellations, please call 507-387-5122 (press 3).

## SCHOLARSHIPS:

Looking forward to that special activity, but it's slightly out of your budget? Come into our office and fill out our scholarship form before the event and get up to 50% of your costs covered for the event! This can be used for Special Events, Night Activities, Leagues and Special Olympic sports. No scholarships given for memberships or dances.

- Applications can be found online at [www.mankatoleep.org](http://www.mankatoleep.org).
- All scholarships are given at the discretion of the Executive Director. Scholarships are limited per event.

X	CODE	DATE	ACTIVITY/SPORT	FEE
NIGHT ACTIVITIES				
	NA	7/6	Nat'l Fried Chicken Day	\$18
	NA	7/11	Karaoke and Coloring Contest	\$8
	NA	7/20	Music and Munchies	\$8
	NA	7/25	Birthday Bingo	\$8
	NA	7/27	Sunshine and Sweets	\$10
SPECIAL EVENTS				
	SE	7/8	Blue Earth Giant Days	\$40
	SE	7/13	LEEP Legends	\$10
	SE	7/18	Road Trip to Scoops	\$15
	SE	7/23	Pool Party!	\$15
SPECIAL OLYMPICS				
	SO	Aug-Oct	Flag Football	\$100
	SO	STATE	Bocce Ball; Golf; Flag Football	\$100
	SO	TRANSP	SO Sport (\$35 1-way; \$70 2-way)	
2023 MEMBERSHIP				
Paperwork & Payment				\$55
TOTAL AMOUNT DUE:				

**To make sure you're signed up, please call the LEEP office (507-387-5122) and we will confirm your registration. You may bring the payment to the first activity you participate in. You may also drop off or mail your payment after we confirm your registration. PLEASE NOTE: The U.S. Postal System has been extremely slow lately.**

**NAME:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_

**STATE:** \_\_\_\_\_

**ZIP:** \_\_\_\_\_

# SPECIAL OLYMPICS UNIFIED FLAG FOOTBALL

The Unified Flag Football season combines athletes with and without disabilities to compete on the same team. This is a non-contact sport and is open to anyone ages 8 and over

**Dates:** End of August through week of October 9

**Limit:** 26 Athletes

**Location:** Spring Lake Park, North Mankato (650 Webster Ave)

**Day/Time:** To-be-determined

**Cost:** \$100

**Regional Tournament:**

Saturday, September 16 and Sunday, September 17, 2023

West St. Paul Sport's Dome, West St. Paul, MN

**State Tournament:**

Saturday, October 14 and Sunday, October 15, 2023

at M Health Fairview Sports Center, Woodbury, MN

## GREAT WORK ATHLETES!



HUGE SHOUT OUT TO ALL OUR SPRING  
ATHLETES DOING A GREAT JOB AT  
THEIR COMPETITIONS IN MAY AND  
JUNE! LEEP IS SO LUCKY TO HAVE SUCH  
GREAT ATHLETES IN SPECIAL OLYMPICS  
AND COULDN'T BE MORE PROUD OF  
EACH AND EVERY ONE OF THEM!

# July 2023

7

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4  <b>LEEP OFFICE CLOSED</b>	5  SO Softball 4:30 - 5:30 pm Caswell Park	6 NA: Nat'l Fried Chicken Day 6:00 - 7:00 pm @ VINE Rm 504  SO Golf 4:30-6:00 pm @ Terrace View	7	8 SE: Blue Earth Giant Days 10:30 - 3:30 pm Meet @ LEEP
9	10 SO Bocce Ball 6:00-7:00 pm @ Bethany Soccer Pitch  SO Golf 4:30-6:00 pm @ Terrace View	11 NA: Karaoke and Coloring Contest 6:00 - 7:00 pm @ VINE Rm 510	12  SO Softball 4:30 - 5:30 pm Caswell Park	13  Gates Open @ 5:15 pm First Pitch @ 7:05 pm <u>No Golf Practice</u> <b>LEEP OFFICE CLOSED</b>	14	15
16	17 SO Bocce Ball 6:00-7:00 pm @ Bethany Soccer Pitch  SO Golf 4:30-6:00 pm @ Terrace View	18 SE: Road Trip to Elysian 6:00 - 8:00 pm Meet @ LEEP	19  SO Softball 4:30 - 5:30 pm Caswell Park	20 NA: Music and Munchies 6:00 - 7:00 pm @ Wheeler Park  SO Golf 4:30-6:00 pm @ Terrace View	21	22
23 SE: Pool Party! 1:00 - 3:00 pm Meet @ Spring Lake Park Swim Facility	24 SO Bocce Ball 6:00-7:00 pm @ Bethany Soccer Pitch  SO Golf 4:30-6:00 pm @ Terrace View	25 NA: Birthday Bingo 6:00 - 7:00 pm @ VINE Rm 510	26  SO Softball 4:30 - 5:30 pm Caswell Park	27 NA: Sunshine and Sweets 6:30 - 7:30 pm Meet @ Riverfront Park  SO Golf 4:30-6:00 pm @ Terrace View	28  <b>LEEP OFFICE CLOSED</b>	29
30 SO Bocce Ball Regionals @ Shattuck - St. Mary's Time TBD	31 SO Golf Regionals @ Hidden Green Golf Course Time TBD  SO Bocce Ball 6:00-7:00 pm @ Bethany Soccer Pitch <b>LEEP OFFICE CLOSED</b>					

OFFICE PHONE: 507-387-5122  
EMAIL: INFO@MANKATOLEEP.ORG

LEISURE EDUCATION FOR EXCEPTIONAL PEOPLE  
929 N 4TH ST  
MANKATO, MN 56001

**Non-profit  
US Postage  
PAID  
Mankato, MN  
56001  
PERMIT # 300**

RETURN SERVICE REQUESTED

ENRICHING LIVES THROUGH INCLUSIVE RECREATION,  
SPORTING, AND HEALTHY LIVING OPPORTUNITIES.

PROUD PARTNER OF:



This newsletter is also available on the LEEP  
website at [www.mankatoleep.org](http://www.mankatoleep.org)  
Editors: LEEP Team

## BECOME A 2023 MEMBER programming with no limits

LEEP provides leisure education, recreation, and healthy living opportunities for people with intellectual and developmental disabilities. As a LEEP member, you'll have access to all the programs offered by LEEP, including night activities, special events, and Special Olympics. A yearly membership (January - December) is only \$55. Drop off or send a check in the mail with "2023 Membership" in the memo line. Membership Forms are available online as well.

### REGISTER FOR EVENTS EARLY!

MAKE SURE TO CALL AND GET REGISTERED RIGHT AWAY FOR EVENTS AS THEY HAVE BEEN FILLING UP QUICKLY! MOST EVENTS HAVE BEEN REACHING THEIR LIMITS WITHIN A WEEK OF PEOPLE RECEIVING A NEWSLETTER, AND LEEP DOES NOT HAVE A WAITLIST FOR EVENTS.

