

NEWSLETTER

LEISURE EDUCATION

October 2023



Leisure Education for Exceptional People



FOR EXCEPTIONAL PEOPLE

ENRICHING LIVES
THROUGH
INCLUSIVE
EDUCATION,
RECREATION, AND
HEALTHY LIVING
OPPORTUNITIES

WHAT'S INSIDE:

- October Activities
- Registration Checklist
- October Calendar
- LEEP Elegance Information
- LEEP is Hiring!
- 2024 LEEP Membership Information
- Volunteer Opportunities

October 2023 Activities

EVENT POLICIES

- **REMINDER:** If transportation is included for the event/activity, LEEP is not able to transport support staff, guardians, etc. in the LEEP van due to limited space. Participants and their companions may meet LEEP at the event/activity.
- Please check in with LEEP staff on the 5th floor for programs at VINE.
- NO outside FOOD or DRINK is allowed during LEEP programs held at VINE for participants and group home staff.
- Staff/companions are required to stay in the rented program space with participants at VINE, not in any common areas.

Birthday Bingo

Tuesday, October 10

Join us for another month of birthday bingo! As usual, there will be great prizes and lots of friendly competition! **You get in free if your birthday is in October, so please tell us when you register!**

Location: VINE Rm 510

Limit: 30 Cost: \$8

Time: 6:00-7:00 pm

Halloween Wreath

Thursday, October 12

Come join us as we make seasonal wreaths every month until Christmas! We will provide the materials and ideas and you will create something special to hang on your door or give as a gift to celebrate each month.

Location: VINE Rm 504

Limit: 25 Cost: \$18

Time: 6:00-7:00 pm

Canvas Pumpkin Painting & Ice Cream Sundaes

Thursday, October 19

You don't need to be artsy to create this fun pumpkin painting! Join us for a step-by-step painting class and go home with your own pumpkin masterpiece on an 8 by 10 canvas! As the paint dries, make your own ice cream sundae masterpiece to eat!

Location: VINE Rm 504

Limit: 25 Cost: \$16

Time: 6:00-7:30 PM

Popcorn & A Show

Tuesday, October 24

Join us for our monthly movie night with a Halloween twist! Join LEEP as we show a special themed movie for the season, the hit Disney movie Coco! LEEP will provide the hot, delicious popcorn, all you need is to bring your own water bottle (Reminder no outside food or drink is allowed at VINE).

Location: VINE Rm 504

Limit: 40 Cost: \$8

Time: 6:00-8:00 pm

Lancer's Concert & Bakers Square

Thursday, October 26

Come see music in motion at the Mankato 77 Lancer's Marching Band's final concert of the year. Watch as they combine athleticism, music, and dance into their performance. After the concert, we'll head over to Bakers Square for a slice of pie!

Location: Meet @ LEEP

Limit: 12 Cost: \$24

Time: 5:30-8:30 pm

**PLEASE CALL TO CONFIRM YOUR REGISTRATION
FOR PROGRAMS BEFORE YOU MAKE A PAYMENT**

Fun Fall Afternoon At Williams Nature Center

SUNDAY, OCTOBER 15

TIME: 2:30-4:30 pm
MEET @ WILLIAMS NATURE
CENTER, 54988 STATE HWY 68
LIMIT: 25
COST: \$16

Spend an afternoon enjoying all the things we love about fall in Minnesota! Meet in the cozy log cabin at Williams Nature Center for cookies and apple cider. After we eat, take a gentle stroll on the accessible paths to see the fall leaves and to collect nature treasures to make a collage or sensory bag. Listen to music, smell the scents of the season, and practice relaxation techniques with all your LEEP friends!

Join LEEP in Celebrating... Day of the Dead

SATURDAY, OCTOBER 28

TIME: 10:30 am - 1:00 pm
MEET @ Eagles Club Rear
Parking Lot
LIMIT: 25
COST: \$10

Experience an authentic celebration of the Day of the Dead right here in Mankato! Listen to the music of Mariachi bands and enjoy watching Aztec and Folklore Dancers. We will also check out the unique crafts and art inspired by this celebration. A variety of authentic Latinx foods will be available to purchase with your own money at the event.

BOO BASH!

TUESDAY, OCTOBER 31

TIME: 10:30 am - 1:00 pm
LOCATION: VINE 5th Floor
LIMIT: 40
COST: \$15

Get ready to scare up some fun at the Boo Bash! Dress in a costume or your favorite festive outfit. Play "Trick & Treat" trivia for prizes and other Halloween-themed games for prizes. Then, join our sing along to "Scary-oake" and shake your bones on the dance floor. Make and take home a spooky craft, all while enjoying snacks and a ghoulishly good time!



LEEP Elegance 2023

SATURDAY, OCTOBER 21, 2023

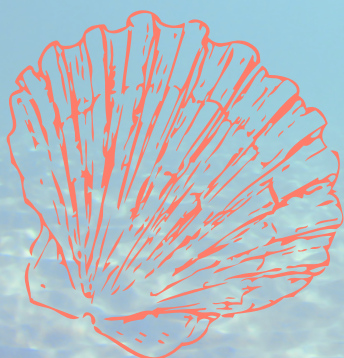
6:00 - 9:00 PM @ KATO BALLROOM

DOORS OPEN 5:45 PM

DANCE, PHOTO BOOTH & PRIZES 6:00 - 9:00 PM

DINNER 6:00 - 7:30 PM | GRAND ENTRANCE 7:30 PM

PRESENTED BY



TICKETS ARE ON SALE NOW!!
IN THE LEEP OFFICE OR ONLINE AT
WWW.MANKATOLEEP.ORG/LEEPELEGANCE
TICKETS WILL BE MAILED VIA USPS UPON RECEIPT OF PAYMENT

LEEP MEMBER: \$35 | NON-LEEP MEMBER: \$45
 STAFF/PCA/ETC: \$35

TICKET SALES END ON
MONDAY, OCTOBER 16, 2023 AT 9:00 PM

2024 · leep Memberships

Leisure Education for Exceptional People

The November newsletter will have 2024 LEEP membership information!

We encourage you to renew your membership or become a new member before December 31 for \$50.

After January 1, 2024 memberships will cost \$55.

REMINDER: LEEP Memberships are required to be renewed yearly in order to keep participating in Night Activities, Special Events or Special Olympics!

Interested in supporting LEEP Memberships? Contact Lisa Hoffman Wojcik at 507-386-7850

LEEP

ORDER FORM

Please turn in order forms to LEEP by:
November 17th, 2023

➔ Order online! <http://www.mystarkstore.com/leep/>



BC3001CVC-2c Short Sleeve Tshirt

2 color screen printed logo on front
Optional personalization on back

S, M, L, XL, 2XL*, 3XL*, 4XL*, 5XL*

\$20

- Heather Strom
- Heather Aqua
- Heather Prism Dusty Blue
- Heather Team Purple
- Heather Maroon
- Heather Prism Mint
- Heather Sunset



BC3001CVC-1c Short Sleeve Tshirt

1 color screen printed logo on front
Optional personalization on back

S, M, L, XL, 2XL*, 3XL*, 4XL*, 5XL*

\$18

- Heather Strom
- Heather Aqua
- Heather Prism Dusty Blue
- Heather Team Purple
- Heather Maroon
- Heather Prism Mint
- Heather Sunset



BC3739-2c Sponge Fleece Hooded Zip Up

2 color screen printed logo on Back
Optional personalization on back

S, M, L, XL, 2XL*, 3XL*

\$47

- Asphalt
- Heather Navy
- Heather True Royal
- Mauve
- Heather Forest
- Ash
- Black Heather



BC3739-1c Sponge Fleece Hooded Zip Up

1 color screen printed logo on Back
Optional personalization on back

S, M, L, XL, 2XL*, 3XL*

\$45

- Asphalt
- Heather Navy
- Heather True Royal
- Mauve
- Heather Forest
- Ash
- Black Heather



PC78H-2c Hooded Sweatshirt

2 color screen printed logo on front
Optional personalization on back

S, M, L, XL, 2XL*, 3XL*, 4XL*

\$31

- Steel Blue
- Coal Grey
- Heather Royal
- Olive Drab Green
- Heather Dark Chocolate Brown
- Heather Sangria
- Cardinal



PC78H-1c Hooded Sweatshirt

1 color screen printed logo on front
Optional personalization on back

S, M, L, XL, 2XL*, 3XL*, 4XL*

\$29

- Steel Blue
- Coal Grey
- Heather Royal
- Olive Drab Green
- Heather Dark Chocolate Brown
- Heather Sangria
- Cardinal



BP78 Fleece Sweatshirt Blanket

1 color screen printed logo on front
50" x 60"

\$23

- Heather Royal
- Purple
- Heather Navy
- Ash



BP79 Fleece Sweatshirt Blanket

1 color screen printed logo on front
65" x 85"

\$33

- Athletic Heather
- Dark Heather Grey
- Heather Royal
- Jet Black
- Navy



PC78Q Fleece Quarter Zip

1 color embroidery on left chest
Optional personalization on back

S, M, L, XL, 2XL*, 3XL*, 4XL*

\$32

- Athletic Heather
- Heather Royal
- Maroon
- Jet Black



CP90 Knit Cap

Embroidered logo on front

\$16

- Millenium Blue
- Athletic Purple
- Athletic Oxford/Black
- Olive Drab Green

LEEP

ORDER FORM

Please turn in order forms to LEEP by:
November 17th, 2023

➔ Order online! <http://www.mybstarkstore.com/leep/>



6014-2c Long Sleeve Tshirt

2 color screen printed logo on front
Optional personalization on back

S, M, L, XL, 2XL*, 3XL*, 4XL*

- Granite
- Ice Blue
- Berry
- Orchid
- Light Green
- Burnt Orange

\$29



6014-1c Long Sleeve Tshirt

1 color screen printed logo on front
Optional personalization on back

S, M, L, XL, 2XL*, 3XL*, 4XL*

- Granite
- Ice Blue
- Berry
- Orchid
- Light Green
- Burnt Orange

\$27



CP45 Visor

Embroidered logo on front

- Charcoal
- Navy
- Beach
- Ultramarine Blue

\$16



C112LP Low Profile Trucker Cap

Embroidered logo on front

- Heather Grey/Grey Steel
- True Blue Heather/Silver Mist
- Black/White
- Soft Coral/Ecru
- Carolina Blue/Ecru

\$18

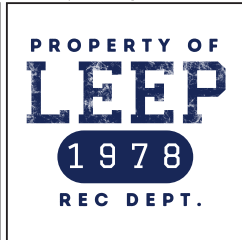
Embroidery logo



2 color print logo



1 color print logo



Please turn in all order forms by November 17th, 2023

No late orders will be accepted

Payment must accompany order

Please make checks payable to: **B.Stark&Co.**

Questions contact: **Kayla Kearney**

507-387-5122 | info@mankatoleep.org

Name: _____ Daytime Phone: _____

Item #	Size*	Color	Personalized Name (add \$6.50)	Price + cost of personalization

Total				\$

***Please add for larger sizes:**

XXL- add \$2.00

3XL- add \$4.00

XL- add \$6.00

5XL- add \$8.00

No refunds or returns

LEEP REGISTRATION CHECKLIST:

- You must be a 2023 LEEP member before registering for programs.
- Decide what activities to register for.
- Call the LEEP office at 507-387-5122 to register (if no one answers, please leave only ONE voicemail). LEEP staff will respond as soon as they can.
- Wait for confirmation of your registration
- Drop off or mail payment for activities to LEEP at 929 N. 4th St. in downtown Mankato (zip code 56001).
- If needed, request a scholarship for up to 50% of the activity cost before the event. The scholarship form is available at www.mankatoleep.org.
- Debit/Credit card payments are accepted in person at the LEEP office and include a non-refundable convenience fee (4%).

REMINDERS:

- LEEP has been flexible but is working to get account balances paid in full.
- AFTER LEEP staff confirm your registration, please pay for the entire month of activities.
- Payment plans are available, to request one call us at 507-387-5122.
- Cancellations are appreciated as soon as possible. For night activities, participants must call the LEEP office no less than 24 hours before the event to get a credit/refund. For special events on weekends, they must call Thursday before 12 pm to get a credit/refund.
- To check on LEEP cancellations, please call 507-387-5122 (press 3).

SCHOLARSHIPS:

Looking forward to that special activity, but it's slightly out of your budget? Come into our office and fill out our scholarship form before the event and get up to 50% of your costs covered for the event! This can be used for Special Events, Night Activities, Leagues and Special Olympics sports. No scholarships are available for memberships or dances.

- Applications can be found online at www.mankatoleep.org.
- All scholarships are given at the discretion of the Executive Director. Scholarships are limited per event.

X	CODE	DATE	ACTIVITY/SPORT	FEE
NIGHT ACTIVITIES				
	NA	10/10	Birthday Bingo	\$8
	NA	10/12	Halloween Wreath	\$18
	NA	10/19	Pumpkin Painting	\$16
	NA	10/24	Popcorn & A Show	\$8
	NA	10/26	Lancer's Concert	\$24
SPECIAL EVENTS				
	SE	10/15	Fun Fall Afternoon	\$16
	SE	10/28	Day of the Dead Celebration	\$10
	SE	10/31	Boo Bash	\$15
SPECIAL OLYMPICS				
	SO	STATE	Flag Football	\$100
	SO	TRANSP	SO Sport (\$35 1-way; \$70 2-way)	
2023 MEMBERSHIP				
Paperwork & Payment				\$55
TOTAL AMOUNT DUE:				

PLEASE CALL TO REGISTER BEFORE
SENDING IN PAYMENT

To make sure you're signed up, please call the LEEP office (507-387-5122) and we will confirm your registration. You may bring the payment to the first activity you participate in. You may also drop off or mail your payment after we confirm your registration. PLEASE NOTE: The U.S. Postal System has been extremely slow lately.

NAME: _____

PHONE: _____

ADDRESS: _____

CITY: _____

STATE: _____

ZIP: _____

We're Hiring!



ARE YOU LOOKING FOR A FUN, PART-TIME JOB
WHERE YOU CAN MAKE A DIFFERENCE?

LEEP is hiring Recreation Leads for recreation
programs for people with disabilities in the
Mankato area.

Hours are typically in the evenings from 5-8 pm and
some weekends, an average of 5 to 15 hours per week.

All applicants must be 18 and pass a background check.

GO TO WWW.MANKATOLEEP.ORG OR
EMAIL COVER LETTER & RESUME TO: info@mankatoleep.org

VOLUNTEERS NEEDED!

“Quote from volunteer”

SPECIAL OLYMPICS COACHING

You don't need to know sports in order to be
a coach! We are looking for individuals with a
positive attitude and the desire to create a
fun environment for everyone to help coach
our Special Olympics programs!

Typical time commitment: 1 night/week for up to
a 2-hour practice, a mid-season weekend regional
competition and weekend state competition.

SPORTS WE OFFER

Powerlifting: End of December – Mid-March

Basketball: Mid-March – End of June

Swimming: Mid-March – End of June

Track & Field: Early April – End of June

Bocce Ball: Late June – End of August

Softball: Late June – Mid-August

Golf: Late June – Mid-August

Flag Football: August – October

Bowling: Mid-September – November

PROGRAM AND DANCE VOLUNTEER

Assist and support participants in evening or
weekend recreation programs including Special
Events and Dances.

Time Commitment: 1 night/week for 1.5 hours for
recreation programs; 2-3 hours for Special Events
and 3-4 hours for dances

COMMITTEES

Participate in LEEP Legends Fundraiser
Committee or Dance Committees

Time Commitment: Meetings 2-3 times monthly in
months leading up to event for one hour, work the
event which is normally 4-6 hours total

OFFICE SUPPORT

Provide varied support for office projects including
monthly LEEP Newsletter mailing

Time Commitment: varies, newsletter mailing
support is about a 3 hour commitment once/month

Contact us at info@mankatoleep.org for volunteer information today!

PROGRAM & SPECIAL OLYMPICS COACHES MUCH BE 18 & PASS A BACKGROUND CHECK

www.mankatoleep.org

October 2023

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 FLAG FOOTBALL 5:15 - 6:15 PM @ SPRING LAKE PARK	3	4 BOWLING 4:30-5:50 PM @ WOW!ZONE	5	6	7
8	9 FLAG FOOTBALL 5:15 - 6:15 PM @ SPRING LAKE PARK	10 NA: Birthday Bingo 6:00-7:00 pm @VINE Rm 510	11 BOWLING 4:30-5:50 PM @ WOW!ZONE	12 NA: Halloween Wreath 6:00-7:00 pm @ VINE Rm 504	13	14 FLAG FOOTBALL STATE TIMES TBD @ M HEALTH FAIRVIEW WOODBURY
15 FLAG FOOTBALL STATE TIMES TBD @ M HEALTH FAIRVIEW WOODBURY SE: Fun Fall Afternoon at Williams Nature Center 2:30-4:30 pm Meet @ Williams Nature Center	16 FLAG FOOTBALL WRAP-UP CELEBRATION 5:15-6:15 PM @SPRING LAKE PARK	17	18 BOWLING 4:30-5:50 PM @ WOW!ZONE	19 NA: Canvas Pumpkin Painting and Ice Cream Sundaes 6:00-7:30 pm @VINE Rm 504	20	21  LEEP Elegance 2023 6:00 - 9:00 pm @ Kato Ballroom
22	23	24 NA: Popcorn & A Show 6:00-8:00 pm @VINE Rm 504	25 BOWLING 4:30-5:50 PM @ WOW!ZONE	26 NA: Lancer's Concert & Bakers Square 5:30-8:30 pm Meet @ LEEP	27	28 SE: Day of the Dead Celebration 10:30 am-1:00 pm Meet @ parking lot behind the Eagles Club
29	30	31 SE: Boo Bash 6:00-8:00 pm @VINE 5th Floor				

LEISURE EDUCATION FOR EXCEPTIONAL PEOPLE
929 N 4TH ST
MANKATO, MN 56001

RETURN SERVICE REQUESTED

Non-profit
US Postage
PAID
Mankato, MN
56001
PERMIT # 300

ENRICHING LIVES THROUGH INCLUSIVE RECREATION,
SPORTING, AND HEALTHY LIVING OPPORTUNITIES.

PROUD PARTNER OF:



This newsletter is also available on the LEEP
website at www.mankatoleep.org
Editors: LEEP Team

BECOME A 2023 MEMBER programming with no limits

LEEP provides leisure education, recreation, and healthy living opportunities for people with intellectual and developmental disabilities. As a LEEP member, you'll have access to all the programs offered by LEEP, including night activities, special events, and Special Olympics. A yearly membership (January - December) is only \$55. Drop off or send a check in the mail with "2023 Membership" in the memo line. Membership Forms are available online as well.

REGISTER FOR EVENTS EARLY!

MAKE SURE TO CALL AND GET REGISTERED RIGHT AWAY FOR EVENTS AS THEY HAVE BEEN FILLING UP QUICKLY! MOST EVENTS HAVE BEEN REACHING THEIR LIMITS WITHIN A WEEK OF PEOPLE RECEIVING THE NEWSLETTER, AND LEEP DOES NOT HAVE A WAITLIST FOR EVENTS.

