

NEWSLETTER

LEISURE EDUCATION

November 2023



Leisure Education for Exceptional People

WE ARE
MOVING →



FOR EXCEPTIONAL PEOPLE

ENRICHING LIVES
THROUGH
INCLUSIVE
EDUCATION,
RECREATION, AND
HEALTHY LIVING
OPPORTUNITIES

WHAT'S INSIDE:

- We are MOVING!
- November Activities
- Special Events
- Registration
- Special Olympics Powerlifting
- November Calendar

November Activities:

Night Activities:

**Please note that all November activities will still be held at VINE.*

Birthday Bingo

Tuesday, November 7

Join us for another month of birthday bingo! As usual, there will be great prizes and lots of friendly competition! You get in free if your birthday is in September. Be sure to tell us when you register!

Location: VINE Rm 510

Time: 6:00 – 7:00 pm

Limit: 40 | Cost: \$8

Popcorn & A Show

Tuesday, November 21

LEEP will provide the hot, delicious popcorn as we watch a movie together. Bring your ideas for future movies you would like to watch in the coming months. Also, bring your own water bottle (reminder no outside food or drink is allowed at VINE).

Location: VINE Rm 510

Time: 6:00 - 8:00 pm

Limit: 45 | Cost: \$8

Thanksgiving Wreath

Thursday, November 9

Each month until Christmas, make a seasonal wreath. We will provide the materials and ideas and you will create something special to hang on your door or give as a gift to celebrate each month.

Location: VINE Rm 504

Time: 6:00 – 7:00 pm

Limit: 25 | Cost: \$22

Game Night Fun

Tuesday, November 28

A night filled with all your favorite games like Uno, Sorry, Yahtzee, and more! Everyone is a winner when it's all about the FUN!

Location: VINE Rm 510

Time: 6:00 - 7:00 pm

Limit: 40 | Cost: \$8

Gratitude Notes with Fall Snack Mix

Tuesday, November 14

Who are you thankful for? Now is the perfect time of year to write a thank you to special people in your life. Create your own cards or use pre-made thank you notes. Make your own sweet & salty snack mix with pretzels, candy corn, popcorn and Reese's puffs cereal.

Location: VINE Rm 504

Time: 6:00 - 7:00 pm

Limit: 25 | Cost: \$16



We are MOVING!

The LEEP office is moving! We will still be here to provide all of your favorite activities/events/sports!! You can still reach us at 507-387-5122 and info@mankatoleep.org. Look for an exciting announcement soon on our new address and location!

Responses may be delayed a bit while we are moving, but we will get back to you if you leave a message. Please be patient with us.

VIKINGS PARTY

MINNESOTA VS. ATLANTA

SUNDAY, NOV 5 | NOON - 3:00 PM



BUFFALO WILD WINGS
GRILL & BAR

Cheer on the Minnesota Vikings as they take on the Atlanta Falcons! Enjoy yummy appetizers, a variety of chicken wings and sauces. Play Vikings trivia while we watch the game on the big-screen TVs.

Time: 12:00 PM - 3:00 PM | Limit: 20. COST: \$45.

Buffalo Wild Wings 301 St. Andrews Drive, Mankato, MN

LEEP MEMBER THANKSGIVING DINNER

THURSDAY, NOVEMBER 16

GATHER WITH YOUR LEEP FAMILY AS WE SHARE A TRADITIONAL THANKSGIVING DINNER. PLAY A SPECIAL THANKSGIVING VERSION OF BINGO FOR PRIZES AND ENJOY GIVING THANKS TOGETHER THIS SEASON.

LOCATION: WOW!ZONE SPORTS BAR AREA

TIME: 6:00 - 8:00 P.M. | LIMIT: 75. COST: \$10

THE COST OF THIS EVENT IS LOW DUE TO THE GENEROUS SUPPORT OF THE MN VALLEY CIVITAN CLUB AND WOW!ZONE

Jake's Pizza and Kiwanis Holiday Lights

THURSDAY, NOV 30 | 5:30 - 8:30 PM

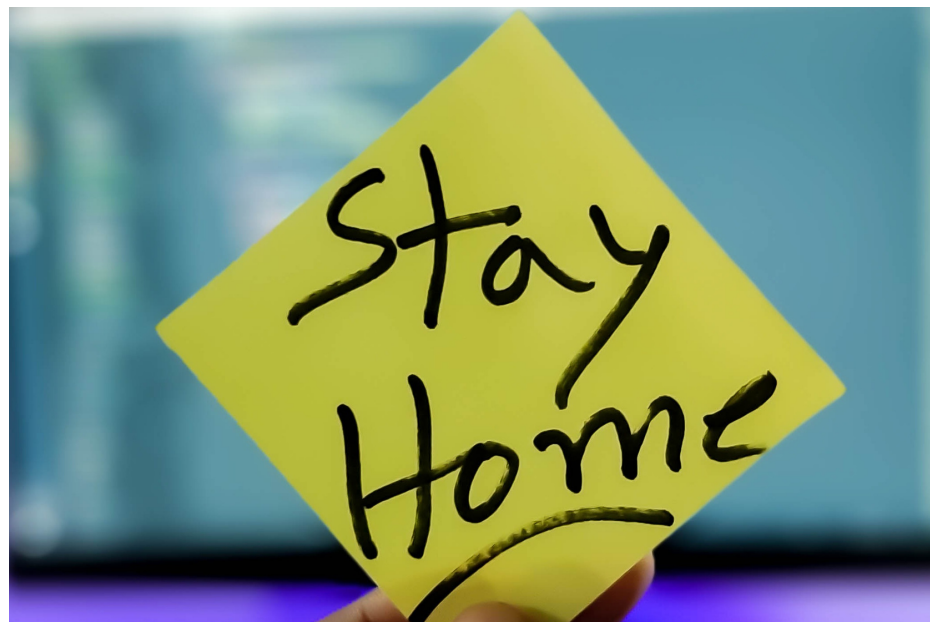
WE WILL MEET AT JAKE'S STADIUM PIZZA FOR A PIZZA DINNER THEN TAKE THE LEEP VAN TO CHECK OUT THE KIWANIS HOLIDAY LIGHTS AT SIBLEY PARK. REMINDER: WE ONLY HAVE ROOM IN THE VAN FOR LEEP MEMBERS. IF YOU REQUIRE 1:1 STAFF SUPPORT DURING THE PROGRAM YOU WILL NEED TO DRIVE SEPARATELY THROUGH THE LIGHT DISPLAY.

Limit: 30 | Cost: \$35

DROP OFF AND PICK UP AT JAKE'S STADIUM PIZZA, 330 STADIUM ROAD

FALL / WINTER ILLNESS REMINDER

It's that time of year when there is more illness around us. IF YOU ARE FEELING ILL or experiencing COVID-19 symptoms, please DO NOT attend activities/events. Please call the LEEP office at 507-387-5122 to cancel. If you know you have been EXPOSED TO COVID-19 or any other contagious illness, please test so that you know whether or not you are infected. Whether or not an account is credited is determined on a case-by-case basis for cancellations due to illness.



LEEP 2023-24 REGISTRATION:

- 2024 LEEP membership information is available at <https://www.mankatoleep.org/membership>
- 2024 membership information will be sent via U.S. Mail to CURRENT 2023 members soon!
- NEW members, please go online or call the LEEP office at 507-387-5122 and we will get you membership information.
- Memberships are \$50 if membership forms, additional information, and payment are received by December 31, 2023.
- After January 1, 2024 ALL annual memberships will cost \$55.
- A LEEP membership makes a great holiday gift!

REMINDERS:

- LEEP has been flexible but is working to get account balances paid in full.
- Please pay for the entire month of activities AFTER LEEP staff confirm your registration.
- Payment plans are available but should be requested by calling 507-387-5122.
- Cancellations are appreciated as soon as possible. For night activities, participants must call the LEEP office no less than 24 hours before the event to get a credit/refund. For special events on weekends, they must call Thursday before 12 pm to get a credit/ refund.
- To check on LEEP cancellations, please call 507-387-5122 (press 3).

SCHOLARSHIPS:

Looking forward to that special activity, but it's slightly out of your budget? Come into our office and fill out our scholarship form before the event and get up to 50% of your costs covered for the event! This can be used for Special Events, Night Activities, Leagues and Special Olympic sports.

- Applications can be found online at www.mankatoleep.org.
- All scholarships are given at the discretion of the Executive Director. Scholarships are limited per event.

X	CODE	DATE	ACTIVITY/SPORT	FEE
NIGHT ACTIVITIES				
	NA	11/7	Birthday Bingo	\$8
	NA	11/9	Thanksgiving Wreath	\$22
	NA	11/14	Gratitude Notes and Fall Snack	\$16
	NA	11/21	Popcorn & A Show	\$8
	NA	11/28	Game Night FUN	\$8
SPECIAL EVENTS				
	SE	11/5	Vikings Party at BWW	\$45
	SE	11/16	Thanksgiving Dinner	\$10
	SE	11/30	Jake's Pizza and Kiwanis Lights	\$35
2024 MEMBERSHIP				
Paperwork and payment before December 31, 2023				\$50
TOTAL AMOUNT DUE:				

PLEASE NOTE THE LOCATION OF SPECIAL EVENTS AS WELL AS WHERE YOU'RE SUPPOSED TO MEET. LEEP STAFF MAKE EVERY EFFORT TO MAKE SURE THAT NO ONE IS LEFT BEHIND. IF THERE ARE QUESTIONS, PLEASE CALL THE LEEP OFFICE.

To make sure you're signed up, please call the LEEP office (507-387-5122) and we will confirm your registration. You may bring the payment to the first activity you participate in. You may also drop off or mail your payment after we confirm your registration. PLEASE NOTE: The U.S. Postal System has been extremely slow lately.

NAME: _____

PHONE: _____

ADDRESS: _____

CITY: _____

STATE: _____

ZIP: _____

STATE FLAG FOOTBALL



Congratulations

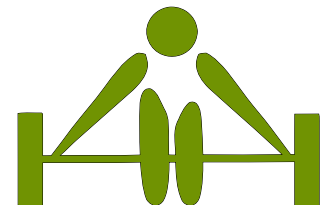


SPECIAL OLYMPICS POWERLIFTING:

Powerlifting is a sport where athletes train to compete in 3 specific events: Squat, Bench Press and Deadlift or a combination of these events. Two practices are held each week and we are in the process of scheduling them. The season runs late December to early March.

***Please note ALL practices will likely be held during the day.

Please call our office at 507-387-5122 if you are interested.



NOVEMBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 SO Bowling 4:30 - 5:50 pm @ WOW! Zone Brandi/Sarah/ Kristin	2	3	4
5 SE: Vikings Party at Buffalo Wild Wings 12:00 - 3:00 pm Mia/Sarah/Ana	6	7 NA: Birthday Bingo 6:00 - 7:00 pm @ VINE RM 510 Mia/Sarah/ Rebeckah	8 SO Bowling 4:30 - 5:50 pm @ WOW! Zone Brandi/Sarah/ Kristin	9 NA: Thanksgiving Wreath 6:00 - 7:00 pm @ VINE RM 504 Brandi/Sarah/ Ana	10	11
12 SO Bowling State Tournament @ WOW! Zone Brandi/Sarah/ Kayla/Lisa	13	14 NA: Gratitude Notes with Fall Snack Mix 6:00 - 7:00 pm @ VINE RM 504 Brandi/Sarah/ Ana	15 SO Bowling & Celebration 4:30 - 5:50 pm @ WOW! Zone Brandi/Sarah/ Kristin	16 SE: Leep Member Thanksgiving Dinner @ WOW! Zone 6:00 - 8:00 pm ALL STAFF	17	18
19	20	21 NA: Popcorn & A Show 6:00 - 8:00 pm @ VINE RM 510 Rebeckah/Ana/ Mia	22	23  Thanksgiving Office Closed	24 Office Closed	25
26	27	28 NA: Game Night Fun 6:00 - 7:00 pm @ VINE RM 510 Brandi/Sarah/ Ana	29	30 SE: Jake's Pizza and Kiwanis Holiday Lights 5:30 - 8:30 pm Mia/Sarah/ Kristin		
			OFFICE PHONE: 507-387-5122 EMAIL: INFO@MANKATOLEEP.ORG			

LEISURE EDUCATION FOR EXCEPTIONAL PEOPLE
PO BOX 3505
MANKATO, MN 56002

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RETURN SERVICE REQUESTED

ENRICHING LIVES THROUGH INCLUSIVE RECREATION,
SPORTING, AND HEALTHY LIVING OPPORTUNITIES.

PROUD PARTNER OF:



This newsletter is also available on the LEEP
website at www.mankatoleep.org
Editors: LEEP Team

BECOME A 2024 MEMBER programming with no limits

LEEP provides leisure education, recreation, and healthy living opportunities for people with intellectual and developmental disabilities. As a LEEP member, you'll have access to all the programs offered by LEEP, including night activities, special events, and Special Olympics. A yearly membership (January - December) is only \$50 before December 31, 2023. Drop off or send a check in the mail with "2024 Membership" in the memo line. Membership Forms are available online as well.

JOIN LEEP TODAY!

**COMPLETE THE MEMBERSHIP FORM AND RECEIVE MEMBER BENEFITS!
MEMBERSHIPS MAKE A GREAT HOLIDAY PRESENT!**

