



NEWSLETTER

LEISURE EDUCATION

May/June/July 2024

NEW!

**QUARTERLY
EDITION**



FOR EXCEPTIONAL PEOPLE

ENRICHING LIVES
THROUGH
INCLUSIVE
EDUCATION,
RECREATION, AND
HEALTHY LIVING
OPPORTUNITIES

WHAT'S INSIDE:

- Night Activities
- Special Events
- Summer Sports Information
- LEEP Valentine's Dance Pictures
- LEEP Legends Information
- Volunteer and Employment Opportunities
- Activity/Sports Registration

Creative Craft Night

Even if you don't think you are creative, we all have an artist inside. A variety of craft supplies from beading to painting will be available. Recreation Leads will share ideas for craft projects, all you need to bring is your creativity!

Tuesday, May 7

LEEP | 6:30-7:30 pm | Limit: 30 | Cost: \$14

Birthday Bingo

Great prizes, celebrating birthdays and lots of friendly competition! **Get in free if it is your birthday month!** Be sure to tell us when you register!

Thursday, May 9

LEEP | 6:30-7:30 pm | Limit: 30 | Cost: \$10

Karaoke and Kones

Sing your song, dance, or sing a long and enjoy the happy sounds of music. Top the evening off with an ice cream cone.

Tuesday, May 14

LEEP | 6:30-7:30 pm | Limit: 25 | Cost: \$14

Mystery Night!

It's a mystery what LEEP staff have planned! Expect yummy snacks, games we've never played, team activities and FUN! If you bring a friend or roommate that is new to LEEP you can win a special prize!

Thursday, May 16

LEEP | 6:00-7:30 pm *NOTE EARLIER START TIME | Limit: 30 | Cost: \$12

Walking Club at Spring Lake Park

Let's get outside and hike! Easy, low-impact walking is a great way to improve health. Plus, you can chat with all your LEEP friends! Dress for the weather and wear walking shoes. Unless it's pouring rain, we will still walk. To see if we are cancelling, call 507-387-5122 and PRESS 3.

Thursday, May 23

Location: Spring Lake Park, 650 Webster

**We will meet by the BIG picnic shelter near the lake (on the swimming pool side of the park).*

Time: 5:00 – 5:45 pm | **Limit:** 20 | **Cost:** \$8

Popcorn & A Show

Snack on hot delicious popcorn while watching a show with all your LEEP friends.

Tuesday, May 28

LEEP | 6:30-8:00 pm (NOTE LONGER TIME) | Limit: 30 | Cost: \$10

Birthday Bingo

Great prizes, celebrating birthdays and lots of friendly competition! Get in free if it is your birthday month! Be sure to tell us when you register!

Thursday, June 4

LEEP | 6:30-7:30 pm | Limit: 30 | Cost: \$10

Creative Craft Night

Even if you don't think you are creative, we all have an artist inside. A variety of craft supplies from beading to painting will be available. Recreation Leads will share ideas for craft projects, all you need to bring is your creativity!

Tuesday, June 11

LEEP | 6:30-7:30 pm | Limit: 30 | Cost: \$14

Fishing FUN!

Let's go fishing! Bring your fishing pole, tackle box and we will provide the bait! Don't worry if you don't have a pole or tackle, we will have some to share. Learn how to fish, the different fish you can catch in lakes around Mankato and do "fishy" fun activities. Goldfish crackers, gummy worms and "fish" juice will be served.

Thursday, June 13

Location: Spring Lake Park, 650 Webster

Time: 5:00 – 5:45 pm | Limit: 20 | Cost: \$8

Summer Cookie Decorating and Trivia Night

Be sure to sign up right away for this popular activity, it fills up quickly! Decorate cookies, play trivia in teams, and enjoy summertime lemonade.

Tuesday, June 18

LEEP | 6:30-7:30 pm | Limit: 20 | Cost: \$14

Popcorn & A Show

Snack on hot delicious popcorn while watching a show with all your LEEP friends.

Tuesday, June 25

LEEP | 6:30-8:00 pm (NOTE LONGER TIME) | Limit: 30 | Cost: \$10

Walking Club at Spring Lake Park

Let's get outside and hike! Easy, low-impact walking is a great way to improve health. Plus, you can chat with all your LEEP friends! Dress for the weather and wear walking shoes. Unless it's pouring rain, we will still walk. To see if we are cancelling, call 507-387-5122 and PRESS 3.

Thursday, June 27

Location: Spring Lake Park, 650 Webster

**We will meet by the BIG picnic shelter near the lake (on the swimming pool side of the park).*

Time: 5:00 – 5:45 pm | Limit: 20 | Cost: \$8

Birthday Bingo

Great prizes, celebrating birthdays and lots of friendly competition! Get in free if it is your birthday month! Be sure to tell us when you register!

Thursday, July 9

LEEP | 6:30-7:30 pm | Limit: 30 | Cost: \$10

Karaoke and Kones

Sing your song, dance, or sing a long and enjoy the happy sounds of music. Top the evening off with an ice cream cone.

Tuesday, July 16

LEEP | 6:30-7:30 pm | Limit: 25 | Cost: \$14

Game Night and Pizza

UNO, Pictionary, Charades, and more . . . join your LEEP friends for a fun-filled night! We will play your favorite board games and even try some new games. Pizza and pop will be provided!

Thursday, July 18

LEEP | 6:30-8:00 pm | Limit: 30 | Cost: \$20

Creative Craft Night

Even if you don't think you are creative, we all have an artist inside. A variety of craft supplies from beading to painting will be available. Recreation Leads will share ideas for craft projects, all you need to bring is your creativity!

Tuesday, July 23

LEEP | 6:30-7:30 pm | Limit: 30 | Cost: \$14

Walking Club at Spring Lake Park

Let's get outside and hike! Easy, low-impact walking is a great way to improve health. Plus, you can chat with all your LEEP friends! Dress for the weather and wear walking shoes. Unless it's pouring rain, we will still walk. To see if we are cancelling, call 507-387-5122 and PRESS 3.

Thursday, July 25

Location: Spring Lake Park, 650 Webster

**We will meet by the BIG picnic shelter near the lake (on the swimming pool side of the park).*

Time: 5:00 – 5:45 pm | Limit: 20 | Cost: \$8

Popcorn & A Show

Snack on hot delicious popcorn while watching a show with all your LEEP friends.

Tuesday, July 30

LEEP | 6:30-8:00 pm (NOTE LONGER TIME) | Limit: 30 | Cost: \$10

DINNER *OUT*

Enjoy dinner out with your LEEP Friends! Please bring cash for dinner (suggested amount of \$25.00 to cover dinner/drink and tip).

Location: Meet at the Restaurant, no earlier than 5:30 p.m.
 Time: 5:30-7:00 pm | Limit: 15 | Cost: \$14



FRIDAY, MAY 3
 TAV ON THE AVE
 1120 MADISON AVE.



FRIDAY, JUNE 14
 CATRINE'S
 1404 MADISON AVE.



BUFFALO WILD WINGS
 WINGS. BEER. SPORTS.

FRIDAY AUG 2
 BUFFALO WILD WINGS
 301 ST. ANDREWS DR.

**Participants for this event need to be able to be in the community with a 1:4 staff-to-participant ratio. If you require 1:1 support, you must register a support staff/caregiver.*

FESTIVAL OF NATIONS

IN ST. PETER, MN



CULTURAL PERFORMANCES; FOODS FROM ALL OVER THE WORLD; ARTS; MUSIC; AND MORE! JOIN US AS WE LEARN MORE ABOUT THE DIFFERENT CULTURES AND CELEBRATE DIVERSITY. BRING YOUR OWN MONEY FOR FOOD AND SHOPPING.

**Participants need to be able to be in the community with a 1:4 staff-to-participant ratio. If you require 1:1 support, you must register a support staff/caregiver and you can drive separately and meet the group at the Nicollet County Fairgrounds.*

LOCATION: MEET AT LEEP OFFICES, 1315 STADIUM ROAD | TIME: 1:00 - 4:00 PM | LIMIT: 11 | COST: \$20

ANNUAL SUMMER KICK-OFF PICNIC

THURSDAY, JUNE 6

Kick off summer at our Annual Summer Picnic! Enjoy outdoor games, summer music, activities, and food! Meal includes a hot dog, chips, pickles, potato salad, cookies, and pop.

Location: Sibley Park, 900 Mound Avenue, Shelter #2, look for the LEEP Flag
 | Time: 5:30 p.m. - 7:30 p.m. | Limit: 50 | Cost: \$15

**Support staff/caregiver meal cost is \$5.00 - please let us know when you register if support staff/caregiver would like a meal.*



MANKATO MOONDOGS

THURSDAY, JUNE 20

Cheer on the MoonDogs with all your LEEP friends. We have reserved the Dog Pound on the 3rd baseline for great views of all the action. Fill up with the ALL YOU CAN EAT BUFFET of hot dogs, hamburgers, pulled pork/chicken, chips and pop.

Location: ISG Field – Meet at the Front Gate (Reed St) | Time: 6:00 p.m. - 9:00 p.m. | Limit: 25 | Cost: \$46

**If support staff/caregiver is attending with you, they must pay \$20 for the ticket/food. Please let us know when you register.*



LEEP LEGENDS SCRIMMAGE

MONDAY, JULY 1

Join LEEP at our annual LEEP Legends Scrimmage! Meet and get to know the players, show off your softball skills (even if you don't have any!), and have fun with all your LEEP friends. This event is FREE, but we ask that you call the LEEP office to register. **THIS EVENT IS NOT STAFFED!**

Location: ISG Field, 601 Reed St | Time: 5:30-7:00 p.m. | Cost: FREE

LEEP-IN POOL PARTY

FRIDAY, JULY 12

The Spring Lake Pool is all OURS! LEEP has reserved the pool exclusively for our members, friends, families, disability service providers, and supporters.

Location: Spring Lake Park, 650 Webster Ave, North Mankato
Time: 6:30 p.m. - 8:30 p.m. | Cost: \$20

C O M M U N I T Y

C O L L A G E

*Have you heard about the Mankato Community Collage?
Do you want to participate?*

Individuals with disabilities are invited to participate and have their pictures taken for FREE!

**Wednesday, May 22
2:00 – 6:00 p.m.**

**@ Mankato Area Public Schools Early Learning Center
(old MRCI Building) | 15 Map Dr.**

The model/participant photo release on the back MUST BE signed by the individual or their guardian and brought to the event.

**More info @
<https://communitycollage.org/>**



Leisure Education for Exceptional People

Special Olympics Bocce Ball



**Special
Olympics
Minnesota**

Dates: Mondays July 8 - August 19

Time: 5:15 – 6:15 p.m.

Location: Soccer Pitch at Bethany Lutheran College (700 Luther Dr, Mankato)

Cost: \$125 (staffing, regional competition & regional transportation)
additional \$100 for state competition and transportation

Transportation: \$35 one-way; \$70 two-way for practices; provided for regional

Regional competition: Sunday, July 14, Shattuck St. Mary's

***Must compete at Regional to be able to compete at State Competition**

State competition: Saturday & Sunday, August 17 & 18 @MN Fairview Sports Center, Woodbury MN (times TBD)

BETHANY LUTHERAN COLLEGE | 5:15 - 6:15 pm | Limit: 10 | Cost: \$125

C O M M U N I T Y

C O L L A G E

Model/Participant Release

I grant to Josh Madson/Josh Madson Photographs/MADSON MEDIA INC., its representatives and employees the right to take photographs and video/audio of me and my property (collectively, "Likeness") in connection with the above-identified subject. I authorize Josh Madson/Josh Madson Photographs/MADSON MEDIA INC., its assignees and transferees to copyright, use and publish the same in print and/or electronically.

I agree that Josh Madson/Josh Madson Photographs/MADSON MEDIA INC. may use my Likeness of me with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and Web content, the receipt of which is hereby acknowledged, and no additional compensation is due to me and/or approvals required.

Model/Participant _____

Model/Participant or Guardian Signature _____

Date _____

LEEP Elegance 2024

**MORE INFORMATION
COMING IN
AUGUST!**



LEEP VALENTINE'S DANCE



Thank you to all who attended!

JOIN US AT LEEP LEGENDS 2024



Date: August 8, 2024

Time: Gates Open at 5:15 pm

Where: ISG Field

Tickets: \$10 for participant & \$10 for one caregiver (on sale soon!)

SUMMER OPPORTUNITIES

WE WANT YOU... TO JOIN THE  **TEAM!**

Leisure Education for Exceptional People

LEEP has a number of volunteer and employment opportunities available in the coming months! Reach out today for more information or to apply!

VOLUNTEER POSITIONS:

- Special Olympics Golf
- Softball
- Lawn Games
- Office Mailing
- Pool Event
- LEEP Legends

Interested in volunteering with LEEP? Reach out to us at info@mankatoleep.org or by calling 507-387-5122 to speak with us about volunteering opportunities.

WORK OPPORTUNITIES:

Looking for a fun summer job? Join our team as a LEEP Recreation Lead!

- All applicants must be 18 years old and pass a background check.
- Be able to work from 5-8 pm week nights, and various hours on some weekends.
- Average 5-10 hours per week.

Email cover letter and resume to info@mankatoleep.org.

SPECIAL OLYMPICS



**Special
Olympics**
Minnesota

Special Olympics: Unified Golf

Dates: Mondays & Thursdays July 8 - August 25 (no practice August 8)

Location: Terrace View Golf Course (19304 Hwy 22, Mankato)

Cost: \$125 (staffing, apparel, practice & facility fees, regional competition & regional transportation)

Additional \$50 for state competition and transportation

Transportation: \$35 one-way; \$70 two-way for practices

Regional competition: Monday, July 25 @ Hidden Green Golf Course

State competition: Sunday, August 25 @ Oak Marsh Golf Course

TERRACE VIEW GOLF COURSE | 4:00 - 6:00 pm | Limit: 25 | Cost: \$125

RECREATIONAL SPORTS

NOT AFFILIATED WITH SPECIAL OLYMPICS

Lawn Games

Discover the fun of lawn games like bocce ball and cornhole (bags). LEEP Recreation Leaders will teach you all you need to know if you've never played. At the end of 6 weeks, participants can participate in a tournament for prizes.

Dates: Mondays, July 8 – August 19

LEEP | 6:30-7:30 pm | Limit: 25 | Cost: \$80

Softball

Learn the basics of playing softball, with a focus on hitting, catching and being a part of a team! In mid-August LEEP will host a Softball Invitational where we will play other teams from southern Minnesota.

Dates: Wednesdays July 10 - August 14; Invitational tournament date TBD

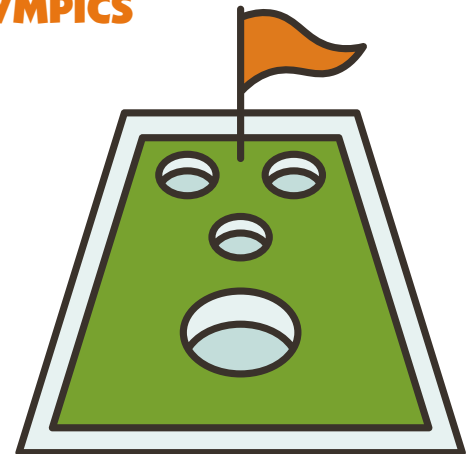
CASWELL PARK | 6:30-7:30 pm | Limit: 25 | Cost: \$80

Golf Basics

Want to learn the basics of golf? Learn about clubs, how to swing, putting, and more each week at the Driving Range. Previous golfing experience not required.

Dates: Mondays, July 15-August 6

Terrace View Golf Course (19304 Hwy 22, Mankato) | 4:30-5:30 pm | Limit: 12 | Cost: \$70



X	CODE	DATE	ACTIVITY/SPORT	FEE
NIGHT ACTIVITIES				
	NA	5/7	Creative Craft Night	\$14
	NA	5/9	Birthday Bingo	\$10
	NA	5/14	Karaoke and Kones	\$14
	NA	5/16	Mystery Night!	\$12
	NA	5/23	Walking Club at Spring Lake Park	\$8
	NA	5/28	Popcorn & A Show	\$10
SPECIAL EVENTS				
	SE	5/3	Dinner Out at TAV on the Ave	\$14
	SE	5/18	Festival of Nations	\$20
SPECIAL OLYMPICS				
	SO	Mar-Jun	Basketball State	\$100
	SO	Mar-Jun	Swimming State	\$100
	SO	Apr-Jun	Track and Field State	\$100
2024 MEMBERSHIP				
Paperwork and payment after January 1, 2024				\$55
TOTAL AMOUNT DUE:				

X	CODE	DATE	ACTIVITY/SPORT	FEE
NIGHT ACTIVITIES				
	NA	6/4	Birthday Bingo	\$10
	NA	6/11	Creative Craft Night	\$14
	NA	6/13	Fishing FUN!	\$8
	NA	6/18	Summer Cookie Decorating	\$14
	NA	6/25	Popcorn & A Show	\$10
	NA	6/27	Walking Club at Spring Lake Park	\$8
SPECIAL EVENTS				
	SE	6/6	Annual SUMMER KICK OFF Picnic	\$15
	SE	6/14	Dinner Out at Catrine's	\$14
	SE	6/20	MoonDogs Game	\$46
SPECIAL OLYMPICS				
	SO	Mar-Jun	Basketball State	\$100
	SO	Mar-Jun	Swimming State	\$100
	SO	Apr-Jun	Track and Field State	\$100
2024 MEMBERSHIP				
Paperwork and payment after January 1, 2024				\$55
TOTAL AMOUNT DUE:				

X	CODE	DATE	ACTIVITY/SPORT	FEE
NIGHT ACTIVITIES				
	NA	7/9	Birthday Bingo	\$14
	NA	7/16	Karaoke and Kones	\$14
	NA	7/18	Game Night and Pizza	\$20
	NA	7/23	Creative Craft Night	\$14
	NA	7/25	Walking Club at Spring Lake Park	\$8
	NA	7/30	Popcorn & A Show	\$10
SPECIAL EVENTS				
	SE	7/1	LEEP Legends Scrimmage	FREE
	SE	7/12	LEEP-IN Pool Party	\$20
	SE	8/2	Dinner Out at BWV	\$14
SPORTS/SPECIAL OLYMPICS				
	SO	Jul-Aug	Special Olympics Golf	\$125
	Sports	Jul-Aug	Lawn Games	\$80
	Sports	Jul-Aug	Softball	\$80
	Sports	Jul-Aug	Golf Basics	\$70
2024 MEMBERSHIP				
Paperwork and payment after January 1, 2024				\$55
TOTAL AMOUNT DUE:				

PLEASE NOTE THE LOCATION OF SPECIAL EVENTS AS WELL AS WHERE YOU'RE SUPPOSED TO MEET. LEEP STAFF MAKE EVERY EFFORT TO MAKE SURE THAT NO ONE IS LEFT BEHIND. IF THERE ARE QUESTIONS, PLEASE CALL THE LEEP OFFICE.

NAME: _____

PHONE: _____

ADDRESS: _____

CITY: _____

STATE: _____

ZIP: _____

To make sure you're signed up, please call the LEEP office (507-387-5122) and we will confirm your registration. You may bring the payment to the first activity you participate in each month. You may also drop off or mail your payment after we confirm your registration. PLEASE NOTE: The U.S. Postal System has been extremely slow lately.

LEISURE EDUCATION FOR EXCEPTIONAL PEOPLE
1315 Stadium Rd, Ste. 101
MANKATO, MN 56001

**Non-profit
US Postage
PAID
Mankato, MN
56001
PERMIT #300**

RETURN SERVICE REQUESTED

ENRICHING LIVES THROUGH INCLUSIVE RECREATION,
SPORTING, AND HEALTHY LIVING OPPORTUNITIES.

PROUD PARTNER OF:



Greater Mankato Area
United Way

This newsletter is also available on the LEEP
website at www.mankatoleep.org

Editors: LEEP Team

BECOME A 2024 MEMBER programming with no limits

LEEP provides leisure education, recreation, and healthy living opportunities for people with intellectual and developmental disabilities. As a LEEP member, you'll have access to all the programs offered by LEEP, including night activities, special events, and Special Olympics. A yearly membership (January - December) is \$55. Drop off or send a check in the mail with "2024 Membership" in the memo line. Membership forms are available online as well.

JOIN LEEP TODAY!

**COMPLETE THE MEMBERSHIP FORM AND RECEIVE MEMBER BENEFITS!
MEMBERSHIP IS REQUIRED TO ATTEND MOST LEEP EVENTS IN 2024!**

