



NEWSLETTER

LEISURE EDUCATION

August/September 2024



FOR EXCEPTIONAL PEOPLE

ENRICHING LIVES
THROUGH
INCLUSIVE
EDUCATION,
RECREATION, AND
HEALTHY LIVING
OPPORTUNITIES

WHAT'S INSIDE:

- Night Activities
- Special Events
- Special Olympics
- Beats and Sweets Dance Pictures
- LEEP Legends
- LEEP Elegance
- August & September Calendars
- Registration

August/September 2024

06
AUG

August Birthday Bingo

Join us for another month of birthday bingo! As usual, there will be great prizes and lots of friendly competition! You get in free if your birthday is in August. Be sure to tell us when you register!
LEEP office* | 6:30-7:30 pm | Limit: 30 | Cost: \$10

13
AUG

Tie-Dye and Trivia

Tie-dye your own crazy design on a bandana! You can bring one additional white item of your own to dye (t-shirt, socks, bandanas, pillowcase). Team up with your friends to play summer trivia and win bragging rights!
LEEP office* | 6:30-7:30 pm | Limit: 20 | Cost: \$14

15
AUG

National Relaxation Day

Come take a tour of our 5 senses and how they can help us relax! Sight, sound, smell, taste and touch are the starting places for our relaxation journey. Design a relaxation poster for your room, make a stress ball and learn new ways to relax in any setting. Try yummy snacks that have a calming effect.
LEEP office* | 6:30-7:30 pm | Limit: 20 | Cost: \$12

20
AUG

Game Night and Root Beer Floats

Play your favorite board game or try a new one. Game nights are always fun and popular so sign up soon! Enjoy a root beer float and hanging with friends.
LEEP office* | 6:30-7:30 pm | Limit: 20 | Cost: \$10

29
AUG

Popcorn & A Show

Snack on hot delicious popcorn, while you chill and watch a summer blockbuster! Bring your own water bottle.
LEEP office* | 6:30-8:00 pm | Limit: 40 | Cost: \$10

*LEEP Office is located at 1315 Stadium Road, Mankato, MN

03
SEPT

Birthday Bingo

3

Join us for another month of birthday bingo! As usual, there will be great prizes and lots of friendly competition! You get in free if your birthday is in September. Be sure to tell us when you register!
LEEP office* | 6:30-7:30 pm | Limit: 30 | Cost: \$10

05
SEPT

National Cheese Pizza Day

Can you believe they have a day for this? Share cheese pizza, laugh at cheesy jokes and play the “find my cheese” game and more fun group activities.
LEEP office* | 6:30-7:30 pm | Limit: 20 | Cost: \$14

10
SEPT

Fall Craft Night

You don’t need to be artsy to join us! We will provide a few craft projects related to Fall to get your creativity flowing. Make something to give as a gift or keep it for yourself.
LEEP Office* | 6:30-7:30 pm | Limit: 20 | Cost: \$14

17
SEPT

Autumn Cookie Decorating & Coloring Contest

Be sure to sign up right away for this popular activity, it fills up quickly! Decorate cookies with your friends, eat 2 cookies and take 2 cookies home. Start coloring and then enter into our Fall Coloring Contest!
LEEP office* | 6:30-7:30 pm | Limit: 20 | Cost: \$14

19
SEPT

Walking Club at Spring Lake Park

Let’s get outside and hike around. Easy, low-impact walking is a great way to get healthier. Plus, you get to chat with all your LEEP friends while you walk. Dress for the weather and wear shoes that you can walk in for a long time. Questions about weather on the day of call 507-387-5122 and PRESS 3.
Spring Lake Park** | 5:00-5:45 pm | Limit: 20 | Cost: \$8

24
SEPT

Volleyball in the Gym

You asked for it! Volleyball night at the MyPlace Gym, show up if you’d like to see LEEP offer volleyball in the future. Beginner player will learn the basics and we will play one game.
LEEP office* | 6:30-8:00 pm | Cost: \$8

26
SEPT

Pajama Night Popcorn & A Show

Wear your pajamas for a fun “sleep-in” movie night. LEEP will provide the hot, delicious popcorn, you bring your pillows and blankets to get comfy! Bring your own water bottle!
LEEP office* | 6:30-8:00 | Limit: 30 | Cost: \$10 *Please note longer time*

*LEEP Office is located at 1315 Stadium Road, Mankato, MN

**Spring Lake Park is located at 650 Webster Ave, North Mankato:

Meet by the BIG picnic shelter near the lake on the swimming pool side of the park

LEEP Legends 2024



VS.



JOIN US AT LEEP LEGENDS 2024!

August 8, 2024 @ ISG Field
Gates open @ 5:15 pm
First pitch @ 7:05 pm

Participant tickets \$10 each, limit 2
Please contact us at 507-387-5122 to purchase

Burgers & Bowling

WOW!Zone | Sunday, August 18 | 11:00 am – 1:30 pm

Join your friends for bowling and a burger baskets at WOW!Zone! We will be bowling 2 games and then enjoying burger baskets and soda while socializing after we bowl.

Location: Meet at Wow!Zone at 11:00 am

Time: 11:00 - 1:30 p.m. (please be on time) | Limit: 12 | Cost: \$35

SCOOPS ICE CREAM

THURSDAY, AUGUST 22

Take a drive with us out to Elysian and make a stop at Scoops. Scoops serves premium quality ice cream with lots of choices of flavors. After ice cream, we might play lawn games or take a drive around the lake. Come hang out on a summer night with your LEEP friends.

Location: Meet at LEEP Office, 1315 Stadium Road
Time: 6:00 p.m. - 8:30 p.m. | Limit: 11 | Cost: \$14

HOE-DOWN PARTY

THURSDAY, SEPTEMBER 12

Let's kick up our heels! Practice a country western line dance routine together. Try square dancing with a partner, sing your favorite Karaoke honky-tonk songs and dance to country's hottest hits. Dress in your best western wear and win a prize. Chow down on cowboy snacks and drink a tall glass of lemonade!

Location: LEEP Office, 1315 Stadium Road
Time: 7:00 - 8:30 p.m. | **Limit:** 30 | **Cost:** \$12

DINNER *OUT*

Dinner out with your LEEP Friends.* Please bring cash for dinner - suggested amount of \$25.00 to cover dinner/drink and tip. Bring extra money for pie.

Location: Meet at Bakers Square, no earlier than 5:30 p.m.
Time: 5:30-7:00 pm | **Limit:** 15 | **Cost:** \$14



FRIDAY SEPT 20
BAKERS SQUARE
1861 MADISON AVENUE

**Participants for this event need to be able to be in the community with a 1:4 staff-to-participant ratio. If you require 1:1 support, you must register a support staff/caregiver and they are responsible for the cost of their own meal/drink.*

MINNEOPA DRIVE & S'MORES

SUNDAY, SEPTEMBER 29

Let's see what's happening this fall at Minneopa State Park! Take a ride on the Bison Drive and check out the falls area. Then, gather around the campfire to make yummy s'mores! Per LEEP policy, anyone with 1-on-1 staff will have to have a ride and meet us at LEEP. All vehicles entering Minneopa require a state parks pass to enter.

Location: Meet at LEEP Office, 1315 Stadium Road
Time: 2:30 - 5:00 pm | **Limit:** 11 | **Cost:** \$16



SPECIAL OLYMPICS

UNIFIED FLAG FOOTBALL

DEADLINE to register & update all Special Olympics paperwork is July 24 in order to be eligible for competitions!

Athletes with and without disabilities compete together in 5-on-5 flag football. If you've never played flag football before, we will teach you.

Dates: Mondays, August 12 – October 14

Time: 5:15 – 6:15 p.m.

Location: Spring Lake Park, North Mankato (650 Webster Ave)

Tournament Dates: Regional Competition: September 7-8, West St. Paul, MN

State Competition: October 11-13, Woodbury, MN

Cost: \$100 (practices, staffing & regional tournament transportation). Additional \$20 for a jersey (if you have one from last year you do not need to pay.) State Competition: \$100

Transportation for Practices: \$35 one-way; \$70 two-way



BOWLING

DEADLINE to register U& update all Speical Olympics paperwork is September 2 in order to be eligible for competitions!

This is our most popular Special Olympics sport. Sign up soon, as this program will fill!!

Dates: Wednesdays, September 11 – November 20

Time: 4:30 – 5:50 p.m.

Location: WOW!Zone, 2030 Adams St.

Tentative Tournament Dates: State Competition November 23 & 24 (subject to change) @ Wow!Zone

Cost: \$150 (practices, staffing & state tournament)

Transportation for Practices: \$35 one-way; \$70 two-way

(PLEASE NOTE that space is extremely limited so please register only if you have no other way to get to bowling!)



LEEP Elegance 2024

Brought to you by


HARRY MEYERING

 MRCI

SATURDAY, OCTOBER 19, 2024
KATO BALLROOM, MANKATO
5:00-8:00 PM

TICKET PRICES ANNOUNCED THROUGH INVITATIONS & ONLINE

TICKETS ON SALE AUGUST 12, 2024

**PURCHASE TICKETS AT THE LEEP OFFICE
OR AT WWW.MANKATOLEEP.ORG**

TICKETS ON SALE UNTIL WEDNESDAY, OCTOBER 9

AUGUST 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 SE: Dinner Out 5:30 - 7:00 pm Meet @ Buffalo Wild Wings	3
4	5	6 NA: Birthday Bingo 6:30 - 7:30 pm @ LEEP	7 LEEP Rec: Softball 4:30 - 5:30 pm @ Caswell Softball Complex	8  OFFICE CLOSED	9 OFFICE CLOSED	15
11	12 SO: Unified Flag Football 5:15 - 6:15 pm @ Spring Lake Park	13 NA: Tie-Dye and Trivia 6:30 - 7:30 pm @ LEEP	14 LEEP Rec: Softball 4:30 - 5:30 pm @ Caswell Softball Complex	15 NA: National Relaxation Day 6:30 - 7:30 pm @ LEEP	16	17 SO: Bocce Ball State Times TBD @ Woodbury LEEP Rec: Softball Invitational Times TBD @ Caswell Softball Complex
18 SO: Bocce Ball State Times TBD @ Woodbury SE: Burgers & Bowling 11:00 am - 1:30 pm Meet @ WOW!Zone	19 SO: Unified Flag Football 5:15 - 6:15 pm @ Spring Lake Park	20 NA: Game Night and Root Beer Floats 6:30 - 7:30 pm @ LEEP	21 LEEP Rec: Softball Wrap-up 4:30 - 5:30 pm @ Caswell Softball Complex	22 SE: Scoops Ice Cream 6:00 - 8:30 pm Meet @ LEEP	23	24
25	26 SO: Unified Flag Football 5:15 - 6:15 pm @ Spring Lake Park	27	28	29 NA: Popcorn & A Show 6:30 - 8:00 pm @ LEEP	30	31

ACTIVITY LOCATIONS:

LEEP - 1315 Stadium Rd; Mankato

Buffalo Wild Wings - 301 St Andrews Dr; Mankato

Caswell Softball Complex - 1875 W Howard Dr; North Mankato

Spring Lake Park - 650 Webster Ave; North Mankato

WOW!Zone - 2030 Adams St; Mankato

M Health Fairview Sports Center - 4125 Radio Dr; Woodbury



OFFICE PHONE:
507-387-5122



EMAIL:
INFO@MANKATOLEEP.ORG

SEPTEMBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2  OFFICE CLOSED	3 NA: Birthday Bingo 6:30 - 7:30 pm @ LEEP	4	5 NA: National Cheese Pizza Day 6:30 - 7:30 pm @ LEEP	6	7 SO: Unified Flag Football Regionals Times TBD @ West St. Paul
8 SO: Unified Flag Football Regionals Times TBD @ West St. Paul	9 SO: Unified Flag Football 5:15 - 6:15 pm @ Spring Lake Park	10 NA: Fall Craft Night 6:30 - 7:30 pm @ LEEP	11 SO: Bowling 4:30 - 5:50 pm @ WOW!Zone	12 SE: Hoe-Down Party 7:00 - 8:30 pm @ LEEP	13	14
15	16 SO: Unified Flag Football 5:15 - 6:15 pm @ Spring Lake Park	17 NA: Autumn Cookie Decorating & Coloring Contest 6:30 - 7:30 pm @ LEEP	18 SO: Bowling 4:30 - 5:50 pm @ WOW!Zone	19 NA: Walking Club 5:00 - 5:45 pm @ Spring Lake Park	20 SE: Dinner Out 5:30 - 7:00 pm Meet @ Bakers Square	21
22	23 SO: Unified Flag Football 5:15 - 6:15 pm @ Spring Lake Park	24 NA: Volleyball in the Gym 6:30 - 8:00 pm @ LEEP	25 SO: Bowling 4:30 - 5:50 pm @ WOW!Zone	26 NA: Pajama Night Popcorn & A Show 6:30 - 8:00 pm @ LEEP	27	28
29 SE: Minneopa Bison Drive, Falls & S'mores 2:30 - 5:00 pm Meet @ LEEP	30 SO: Unified Flag Football 5:15 - 6:15 pm @ Spring Lake Park					

ACTIVITY LOCATIONS:

LEEP - 1315 Stadium Rd; Mankato

Bakers Square - 1861 Madison Ave; Mankato

Spring Lake Park - 650 Webster Ave; North Mankato

West St. Paul Sports Center - 1655 Livingston Ave; St. Paul

WOW!Zone - 2030 Adams St; Mankato



OFFICE PHONE:
507-387-5122



EMAIL:
INFO@MANKATOLEEP.ORG

X	CODE	DATE	ACTIVITY/SPORT	FEE
NIGHT ACTIVITIES				
	NA	8/6	Birthday Bingo	\$10
	NA	8/13	Tie-Dye and Trivia	\$14
	NA	8/15	Nat'l Relaxation Day	\$12
	NA	8/20	Game Night & Root Beer Floats	\$10
	NA	8/29	Popcorn & A Show	\$10
SPECIAL EVENTS				
	SE	8/18	Burgers & Bowling	\$35
	SE	8/22	Scoops Ice Cream	\$14
SPECIAL OLYMPICS				
	SO	Aug-Oct	SO Flag Football	\$100
	SO	State	SO Flag Football	\$100
	SO	Sept-Nov	SO Bowling	\$150
2024 MEMBERSHIP				
Paperwork and payment after January 1, 2024				\$55
TOTAL AMOUNT DUE:				

X	CODE	DATE	ACTIVITY/SPORT	FEE
NIGHT ACTIVITIES				
	NA	9/3	Birthday Bingo	\$10
	NA	9/5	Nat'l Cheese Pizza Day	\$14
	NA	9/10	Fall Craft Night	\$14
	NA	9/17	Cookie Decorating & Coloring Contest	\$14
	NA	9/19	Walking Club	\$8
	NA	9/24	Volleyball in the Gym	\$8
	NA	9/26	Pajama Night Popcorn & A Show	\$10
SPECIAL EVENTS				
	SE	9/12	Hoe-Down Party	\$12
	SE	9/20	Dinner Out at Baker's Square	\$14
	SE	9/29	Minneopa Drive & S'mores	\$16
SPECIAL OLYMPICS				
	SO	Sept-Nov	SO Bowling	\$150
2024 MEMBERSHIP				
Paperwork and payment after January 1, 2024				\$55
TOTAL AMOUNT DUE:				

To make sure you're signed up, please call the LEEP office (507-387-5122) and we will confirm your registration. You may bring the payment to the first activity you participate in each month. You may also drop off or mail your payment after we confirm your registration.

NAME: _____
PHONE: _____
ADDRESS: _____
CITY: _____
STATE: _____
ZIP: _____



**THANKS TO ALL
WHO ATTENDED
THE LEEP BEATS
AND SWEETS
DANCE IN APRIL!**

LEISURE EDUCATION FOR EXCEPTIONAL PEOPLE
1315 Stadium Rd, Ste. 101
MANKATO, MN 56001

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56001
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RETURN SERVICE REQUESTED

ENRICHING LIVES THROUGH INCLUSIVE RECREATION,
SPORTING, AND HEALTHY LIVING OPPORTUNITIES.

PROUD PARTNER OF:



This newsletter is also available on the LEEP
website at www.mankatoleep.org
Editors: LEEP Team

BECOME A 2024 MEMBER programming with no limits

LEEP provides leisure education, recreation, and healthy living opportunities for people with intellectual and developmental disabilities. As a LEEP member, you'll have access to all the programs offered by LEEP, including night activities, special events, and Special Olympics. A yearly membership (January - December) is \$55. Drop off or send a check in the mail with "2024 Membership" in the memo line. Membership forms are available online as well.

JOIN LEEP TODAY!

**COMPLETE THE MEMBERSHIP FORM AND RECEIVE MEMBER BENEFITS!
MEMBERSHIP IS REQUIRED TO ATTEND LEEP EVENTS IN 2024!**

