



NEWSLETTER

LEISURE EDUCATION

August/September 2025



FOR EXCEPTIONAL PEOPLE

ENRICHING LIVES
THROUGH
INCLUSIVE
EDUCATION,
RECREATION, AND
HEALTHY LIVING
OPPORTUNITIES

WHAT'S INSIDE:

- Night Activities
- Special Events
- Special Olympics: Flag Football, Bowling & Try Floor Hockey (NEW!)
- LEEP Elegance
- Registration
- August & September Calendars
- Summer Special Olympics Sports

Birthday Bingo

Join us for another month of Bingo! Spend time with your friends as you try to win fun prizes. Get in free if it is your birthday month! Be sure to tell us when you register!

Thursday, August 7

LEEP | 6:30-7:30 pm | Limit: 30 | Cost: \$10

Basketball Open Gym

Let's get active! Come play basketball in the gym! Make sure to dress appropriately and bring your water bottle with your name and closable top.

Tuesday, August 12

LEEP | 6:30-7:30 pm | Limit: 20 | Cost: \$8

National Color Book Day & Creamsicle Day

August 14th is National Color Book Day AND Creamsicle day, so we decided to put the two together to celebrate! Enjoy a yummy creamsicle after coloring in your own adult coloring book that you will get to take home!

Thursday, August 14

LEEP | 6:30-7:30 pm | Limit: 25 | Cost: \$12

Popcorn & A Show

Enjoy a night out and unwind with your friends at LEEP! We will be watching a fun show using our BIG SCREEN TV AND SOUNDBAR while snacking on delicious hot popcorn. Bring your own closable water bottle!

Thursday, August 21

LEEP | 6:30-8:00 pm (PLEASE NOTE LONGER TIME) | Limit: 30 | Cost: \$10

Walking Club at Benson Park

Let's get outside and hike around. Easy, low-impact walking is a great way to get healthier. Plus, you get to chat with all your LEEP friends while you walk. Dress for the weather and wear shoes that you can walk in for a long time. **We will meet in the BIG parking lot on TIMM Road near the restrooms and play equipment.** If the weather is questionable, please call 507-387-5122 and PRESS 3.

Monday, August 25

**We will meet in the BIG parking lot on TIMM Road.*

Benson Park (2000 Carlson Dr. North Mankato) | 5:00 – 5:45 pm | Limit: 20 | Cost: \$8

Card Game Night & A Snack

Play your favorite card game or try a new one. We will have different options available including UNO, Hearts, Go Fish and more! Make your own snack mix and hang with friends!

Wednesday, August 27

LEEP | 6:30-7:30 pm | Limit: 25 | Cost: \$10

Birthday Bingo

Join us for another month of birthday bingo! As usual, there will be great prizes and lots of friendly competition! You get in free if your birthday is in June! Be sure to tell us when you register!

Tuesday, September 2

LEEP | 6:30-7:30 pm | Limit: 30 | Cost: \$10

Karaoke

Step up to the mic and sing your heart out to your favorite songs! Karaoke is all about having fun, being silly, and sharing smiles with friends.

Thursday, September 4

LEEP | 6:30-7:30 pm | Limit: 30 | Cost: \$10

Walking Club at Riverfront Park

Let's get outside and hike around. Easy, low-impact walking is a great way to get healthier. Plus, you get to chat with all your LEEP friends while you walk. Dress for the weather and wear shoes that you can walk in for a long time. Meet at the shelter and we will walk along the river trail. To see if we are cancelling, call 507-387-5122 and PRESS 3.

Tuesday, September 9

Riverfront Park (309 W Rock St) | 5:00 – 5:45 pm | Limit: 20 | Cost: \$8

Craft Night

Join us for a fun-filled Craft Night where creativity and imagination come to life! Enjoy hands-on crafting activities, making unique projects to take home and treasure.

Tuesday, September 16

LEEP | 6:30-7:30 pm | Limit: 20 | Cost: \$12

Cookie Decorating

Be sure to sign up right away for this popular activity, it fills up quickly! We will listen to music and decorate cookies. You will get to taste-test your cookies and take some home!

Tuesday, September 23

LEEP | 6:30-7:30 pm | Limit: 25 | Cost: \$10

Board Games & A Snack

Play your favorite board game or try a new one. We will have different options available including Sorry, Trouble, Battleship and more! Make your own snack mix and hang with friends!

Thursday, September 25

LEEP | 6:30-7:30 pm | Limit: 25 | Cost: \$10

Popcorn & A Show

Enjoy a night out and unwind with your friends at LEEP! We will be watching a fun show using our BIG SCREEN TV AND SOUNDBAR while snacking on delicious hot popcorn. Bring your own water bottle!

Tuesday, September 30

LEEP | 6:30-8:00 pm (PLEASE NOTE LONGER TIME) | Limit: 30 | Cost: \$10

ANNUAL SUMMER PICNIC (RESCHEDULED)

WEDNESDAY, AUGUST 6

Kick off summer at our annual summer picnic!
Enjoy outdoor games, summer music, activities, and food!
Meal includes a hot dog, chips, pickles, cookies, and pop.

Sibley Park (900 Mound Ave Shelter #2) | 5:30 p.m. - 7:00 p.m. | Limit: 40 | Cost: \$15

**Support staff/caregiver meal cost is \$8.00 - please let us know when you register if support staff/caregiver would like a meal.*

Burgers & Bowling

WOW!Zone | Sunday, August 10 | 11:30 am - 1:30 pm

Join your friends for bowling and a burger baskets at WOW!Zone! We will be bowling 2 games and then enjoying burger baskets and soda while socializing after we bowl.

Pizza & Bowling

WOW!Zone | Sunday, September 7 | 11:30 am - 1:30 pm

Join your friends for bowling and a burger baskets at WOW!Zone! We will be bowling 2 games and then enjoying burger baskets and soda while socializing after we bowl.

Location: Meet at Wow!Zone at 11:20 am

Time: 11:30 am - 1:30 pm (please be on time) | Limit: 12 (each event) | Cost: \$35 (each)

DINNER OUT

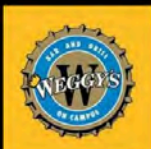
Dinner out with your LEEP Friends. Please bring cash for dinner, suggested amount of \$25.00 to cover dinner/drink.

Please be sure to bring enough to leave a reasonable tip.

Location: Meet at the restaurant, no earlier than 5:30 pm

Time: 5:30-7:00 pm | Limit: 15 (each event) | Cost: \$14 (each)

TUESDAY, AUGUST 19
WEGGY'S ON CAMPUS
1600 WARREN ST
MANKATO



**Participants for this event need to be able to be in the community with a 1:4 staff-to-participant ratio. If you require 1:1 support, you must register a support staff/caregiver.*



THURSDAY, SEPTEMBER 18
BIG DOG SPORTS CAFE
1712 COMMERCE DRIVE
NORTH MANKATO

SOTA SCOOPS ICE CREAM

TUESDAY, AUGUST 26

Take a drive with us to St. Peter and make a stop at SOTA SCOOPS. Please eat dinner before you come! Sota Scoops serves premium quality ice cream with lots of choices of flavors. After ice cream, we might stop at Seven Mile Creek Park. Come hang out on a summer night with your LEEP friends.

Location: Meet at LEEP office, 1315 Stadium Road

Time: 6:00 pm - 8:30 pm | Cost: \$14 (each)

If you require 1-on-1 staffing you can follow the LEEP van out to Sota Scoops!

53RD ANNUAL TRADITIONAL MAHKATO WACIPI HONORING THE 38 DAKOTA

Powwow, or Wacipi (Wa-chee-pee in Dakota means "they dance"), time is the Native American people's way of meeting together, to join in dancing, singing, visiting, renewing old friendships and making new ones. This is a time to renew thoughts of the old ways and to preserve a rich heritage. It is a celebration of the community. We will meet at LEEP and ride to Dakota Wokisuye Makoce (Land of Memories Park) where we will witness a Grand Entry ceremony and explore Native American arts, handmade crafts, clothing, jewelry, and food.

Location: Meet at LEEP office, 1315 Stadium Road

Time: 12:00 pm - 2:30 pm | Limit: 10 | Cost: \$10



SPECIAL OLYMPICS

****Must compete at Regional Competition to be able to compete at State Competition****

UNIFIED FLAG FOOTBALL



**Special
Olympics**
Minnesota

The Unified Flag Football season combines athletes with and without disabilities to compete on the same team. This is a non-contact sport and is open to anyone ages 8 and over.

Dates: Weekly starting August 18 through October 6

Limit: 26 Athletes

Location: Spring Lake Park, North Mankato (650 Webster Ave)

Day/Time: Mondays; 5:15 - 6:45 pm

Cost: \$100

Transportation: \$70 two-way | \$35 one-way for practices; provided for regional
State Tournament: \$100

Regional Tournament: Saturday, September 13, 2025

West St. Paul Sports Dome, West St. Paul, MN

State Tournament: Friday, October 10, Saturday, October 11 and Sunday, October 12, 2025 at M Health Fairview Sports Center, Woodbury, MN

BOWLING

Dates: Weekly starting October 1 through November 19

Limit: 75 athletes

Location: WOW! Zone (2030 Adams St)

Day/Time: Wednesdays; 4:30 - 5:50 pm

Cost: \$150

Transportation: \$70 two-way | \$35 one-way for practices

State Tournament: Saturday, November 22 and Sunday, November 23 at WOW!Zone in Mankato

FLOOR HOCKEY EXTRAVAGANZA

THURSDAY, SEPTEMBER 11

Curious about floor hockey or looking to get back in the game? Join us for a fun, no-pressure open gym perfect for first-timers and returning players. All gear is provided—just bring your sneakers and enthusiasm! Come meet new teammates, learn the basics, and enjoy the fast-paced action of this exciting sport! A healthy snack will be provided.

Location: LEEP gym, 1315 Stadium Road

Time: 6:30 - 7:30 pm | **Cost:** FREE

YOU'RE INVITED TO

LEEP Elegance 2025

SATURDAY, NOVEMBER 15, 2025
@KATO BALLROOM
200 CHESTNUT ST; MANKATO, MN

4:45: Doors open

5:00 - 6:15: Dinner and beverages

5:00 - 8:00: Dance, prizes, and beverages

LEEP MEMBER: \$40
NON - LEEP MEMBER: \$50
STAFF/PCA/CAREGIVER: \$40

Purchase Tickets: ONLINE OR LEEP OFFICE

www.mankatoleep.org/leepelegance

1315 Stadium Rd, Mankato, MN 56001

Tickets go on sale on September 15



Leisure Education for Exceptional People

www.mankatoleep.org

August

X	CODE	DATE	ACTIVITY/EVENT	FEE
NIGHT ACTIVITIES				
	NA	8/7	Birthday Bingo	\$10
	NA	8/12	Open Gym: Basketball	\$8
	NA	8/14	Color Book & Creamsicle	\$12
	NA	8/21	Popcorn and A Show	\$10
	NA	8/25	Walking Club	\$8
	NA	8/27	Card Game Night and Snack	\$10
SPECIAL EVENTS				
	SE	8/6	Summer Picnic (rescheduled from June)	\$15
	SE	8/10	Burgers and Bowling @ WOW!	\$35
	SE	8/19	Dinner Out @ Weggys	\$14
	SE	8/26	Sota Scoops	\$14
SPECIAL OLYMPICS				
	SO	8/18	Unified Flag Football	\$200
	SO	10/1	Bowling	\$150
2025 MEMBERSHIP				
Paperwork and payment before December 31, 2025				\$55
TOTAL AMOUNT DUE:				

NAME: _____

PHONE: _____

ADDRESS: _____

CITY: _____

STATE: _____

ZIP: _____

PLEASE NOTE THE LOCATION OF SPECIAL EVENTS AS WELL AS WHERE YOU'RE SUPPOSED TO MEET. LEEP STAFF MAKE EVERY EFFORT TO MAKE SURE THAT NO ONE IS LEFT BEHIND. IF THERE ARE QUESTIONS, PLEASE CALL THE LEEP OFFICE.

September

X	CODE	DATE	ACTIVITY/EVENT	FEE
NIGHT ACTIVITIES				
	NA	9/2	Birthday Bingo	\$10
	NA	9/4	Karaoke	\$10
	NA	9/9	Walking Club	\$8
	NA	9/16	Craft Night	\$12
	NA	9/23	Cookie Decorating	\$10
	NA	9/25	Board Games & A Snack	\$10
	NA	9/30	Popcorn & A Show	\$10
SPECIAL EVENTS				
	SE	9/7	Pizza and Bowling @ WOW	\$35
	SE	9/11	Floor Hockey Extravaganza	FREE
	SE	9/18	Dinner Out @ Big Dog	\$14
	SE	9/21	Mahkato Wacipi	\$10
SPECIAL OLYMPICS				
	SO	10/1	Bowling	\$150
2025 MEMBERSHIP				
Paperwork and payment before December 31, 2025				\$55
TOTAL AMOUNT DUE:				

To make sure you're signed up, please call the LEEP office (507-387-5122) and we will confirm your registration. You may bring the payment to the first activity you participate in each month. You may also drop off or mail your payment after we confirm your registration. PLEASE NOTE: The U.S. Postal System has been extremely slow lately and in some cases, mailed items have not reached LEEP.

AUGUST 2025

SUN	MON	TUE	WED	THU	FRI	SAT
ACTIVITY LOCATIONS: LEEP - 1315 Stadium Rd; Mankato Benson Park - 2000 Carlson Dr; Mankato (Timm Road Parking Lot) Bethany Soccer Pitch - 775 Luther Dr; Mankato Caswell - 1875 W Howard Dr; N. Mankato (Field 4) MHealth Fairview Sports Center - 4125 Radio Dr; Woodbury, MN Sibley Park - 900 Mound Ave; Mankato (Shelter #2) Spring Lake Park - 650 Webster Ave; North Mankato Terrace View Golf Course - 19304 Hwy 22; Mankato Oak Marsh Golf Course - 526 Inwood Ave N; Oakdale, MN Weggy's on Campus - 1600 Warren Street; Mankato Wow!Zone - 2030 Adams St; Mankato					1	2
3	4 SO: Bocce Ball 5:30 - 6:30 pm @ Bethany Soccer Pitch SO: Unified Golf 4:00 - 6:00 pm @ Terrace View	5 RESCHEDULE SE: Radio Mankato Behind the scenes tour and Culvers 6:30 - 8 pm Meet @ LEEP	6 RESCHEDULE SE: Summer Picnic 5:30 - 7 pm @ Sibley Park Shelter #2 SO: Softball 6:30 - 7:30 @ Caswell Park	7 NA: Birthday BINGO 6:30 - 7:30 pm @ LEEP SO: Unified Golf 4:00 - 6:00 pm @ Terrace View	8	9
10 SE: Burgers & Bowling 11:30 - 1:30 Meet @ WOW!Zone	11 SO: Bocce Ball 5:30 - 6:30 pm @ Bethany Soccer Pitch SO: Unified Golf 4:00 - 6:00 pm @ Terrace View	12 NA: Basketball Open Gym 6:30 - 7:30 pm @ LEEP	13 SO: Softball 6:30 - 7:30 @ Caswell Park	14 NA: National Color Book & Creamsicle Day 6:30 - 7:30 pm @ LEEP SO: Unified Golf 4:00 - 6:00 pm @ Terrace View	15	16 Softball Invitational Times TBD @ Caswell SO: Bocce State Times TBD @ MHealth Fairview
17	18 SO: Flag Football 5:15 - 6:45 pm @ Spring Lake Park SO: Unified Golf 4:00 - 6:00 pm @ Terrace View	19 SE: Dinner out 5:30 - 10:00 pm @ Weggy's	20 SO: Softball 6:30 - 7:30 @ Caswell Park	21 NA: Popcorn & A Show 6:30 - 8:00 pm @ LEEP SO: Unified Golf 4:00 - 6:00 pm @ Terrace View	22	23
24 SO: Unified Golf State Meet Times TBD Oak Marsh Golf Course	25 NA: Walking Club 5:00 - 5:45 pm @ Benson Park SO: Flag Football 5:15 - 6:45 pm @ Spring Lake Park	26 SE: Sota Scoops Ice Cream 6:00 - 8:30 pm Meet @ LEEP	27 NA: Card Game Night & A Snack 6:30 - 7:30 pm @ LEEP	28 SO: Golf, Bocce & Softball Wrap Party 6:30 - 7:30 pm @ LEEP	29	30

SEPTEMBER 2025

SUN	MON	TUE	WED	THU	FRI	SAT
	1  LEEP OFFICE CLOSED	2 NA: Birthday BINGO 6:30 - 7:30 pm @LEEP SO: Flag Football 5:15 - 6:45 pm @ Spring Lake Park	3	4 NA: Karaoke 6:30 - 7:30 pm @ LEEP	5	6
7 SE: Pizza & Bowling 11:30 - 1:30 Meet @ WOW!Zone	8 SO: Flag Football 5:15 - 6:45 pm @ Spring Lake Park	9 NA: Walking Club 5:00 - 5:45 pm @ Riverfront Park	10	11 SO: Floor Hockey Extravaganza 6:30 - 7:30 pm @ LEEP	12	13 SO: Flag Football Regional Times TBD West St. Paul Sports Center
14	15 <i>LEEP Elegance tickets ON SALE NOW!</i> SO: Flag Football 5:15 - 6:45 pm @ Spring Lake Park	16 NA: Craft Night 6:30 - 7:30 pm @ LEEP	17	18 SE: Dinner Out 5:30 - 7:00 pm @ Big Dog	19	20
21 SE: 53rd Annual Traditional Mahkato Wacipi 12:00 - 2:30 pm Meet @ LEEP	22 SO: Flag Football 5:15 - 6:45 pm @ Spring Lake Park	23 NA: Cookie Decorating 6:30 - 7:30 pm @ LEEP	24	25 NA: Board Games & A Snack 6:30 - 7:30 pm @ LEEP	26	27
28	29 SO: Flag Football 5:15 - 6:45 pm @ Spring Lake Park	30 NA: Popcorn & A Show 6:30 - 8:00 pm @ LEEP	ACTIVITY LOCATIONS: LEEP - 1315 Stadium Rd; Mankato Big Dog Sports Cafe - 1712 Commerce Dr; N. Mankato Riverfront Park - 309 West Rock Street; Mankato Spring Lake Park - 650 Webster Ave; N. Mankato W. St. Paul Sports Center - 1655 Livingston Ave, W. St. Paul Wow!Zone - 2030 Adams St; Mankato			



LEISURE EDUCATION FOR EXCEPTIONAL PEOPLE
1315 Stadium Rd, Ste. 101
MANKATO, MN 56001

**Non-profit
US Postage
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Mankato, MN
56001
PERMIT #300**

RETURN SERVICE REQUESTED

ENRICHING LIVES THROUGH INCLUSIVE RECREATION,
SPORTING, AND HEALTHY LIVING OPPORTUNITIES.

PROUD PARTNER OF:



BECOME A 2025 MEMBER programming with no limits

LEEP provides leisure education, recreation, and healthy living opportunities for people with intellectual and developmental disabilities. As a LEEP member, you'll have access to all the programs offered by LEEP, including night activities, special events, and Special Olympics. A yearly membership (January - December) is \$55. Drop off or send a check in the mail with "2025 Membership" in the memo line. Membership forms are available online as well.

JOIN LEEP TODAY!

**COMPLETE THE MEMBERSHIP FORM AND RECEIVE MEMBER BENEFITS!
MEMBERSHIP IS REQUIRED TO ATTEND MOST LEEP EVENTS IN 2025!**

